

List of regional consultation desks

Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Hokkaido	Hokkaido Foreign Resident Support Center	Docho Annex Bldg. 12Floor, West7, North 3, Chuo-ku, Sapporo, Hokkaido TEL: 011-200-9595	Mondays to Fridays: 9:00-12:00, 13:00-16:00	*Japanese and English *Chinese, Korean, Tagalog and Vietnamese (Which language service is available on what day of the week varies depending on the language.) ※In addition to the above languages, more than 5 other languages are available via telephone interpretation system.	*For more information, visit <a href="http://www.hiecc.or.jp/soudan/">http://www.hiecc.or.jp/soudan/</a> *Telephone and email consultation services are also available
	International Relations Section, Tourism Promotion & International Affairs Department, Takikawa City Hall	6th floor, Takikawa City Hall 2-15, Ohmachi 1 Chome, Takikawa City, Hokkaido Pref. TEL: 0125-28-8007	Mondays to Fridays: 9:00 to 17:00	*English *Chinese *Mongolian	*The consultation service is limited only to Takigawa residents.
	Exchange Salon/Information Counter, Sapporo International Communication Plaza Foundation	3th floor, Sapporo MN Bldg. Kitaichijo-nishi 3 Chome, Chuo- ku, Sapporo City (Across from the Sapporo Clock Tower) TEL: 011-211-3678	Mondays to Saturdays: 9:00 to 17:30 *Except for Sundays, national holidays and the year-end through New Year holidays.	English *Services in other languages are available depending on the day.	*For more information, please visit <a href="http://plaza-sapporo.or.jp/citizen.j/salon/">http://plaza-sapporo.or.jp/citizen.j/salon/</a> *Telephone and email consultation services are also available.
	Asahikawa International Center	7th floor, Feeea Asahikawa Ichijo-dori 8 Chome, Asahikawa City, Hokkaido Pref. TEL: 0166-25-7491	Mondays: 10:00 to 17:15 Tuesdays to Fridays: 10:00 to 19:30 Saturdays and Sundays: 10:00 to 17:00 Closed on: December 30 through January 4, national holidays and regular holidays	*Chinese (twice a week) and Spanish (Four times a week) *Services in other languages are available depending on the day.	*For more information, visit <a href="http://asahikawaic.jp/">http://asahikawaic.jp/</a>
	Kushiro International Relations Plaza	3-3 Saiwai-cho, Kushiro City, Hokkaido (2nd floor, Kushiro Tourism and International Relations Center) TEL: 0154-65-6712	Tuesdays, Thursdays and Sundays: 10:00 to 13:00	*English (Tue., Thur. and Sun.) *Services in other languages are available depending on the day.	*For more information, visit <a href="https://www.city.kushiro.lg.jp/machi/kouryuu/kaigai/00010.html">https://www.city.kushiro.lg.jp/machi/kouryuu/kaigai/00010.html</a> *Telephone consultation services are also available.

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Hokkaido	International Help Desk	7th floor, City Hall 5-6, Asahimachi 4 Chome, Tomakomai City, Hokkaido. TEL: 0144-32-6157	Mondays to Fridays: 8:45 to 17:15	*English *Chinese  Other languages are available in some cases.	*For more information, visit <a href="http://www.city.tomakomai.hokkaido.jp/kyoiku/kokusaikoryu/gaikokujins.odammadoguchi/gaikokujinsodan.html">http://www.city.tomakomai.hokkaido.jp/kyoiku/kokusaikoryu/gaikokujins.odammadoguchi/gaikokujinsodan.html</a>
	Planning and Finance Department, Shikaoi Town Office	15-1 Higashi-machi 1 Chome, Shikaoi-cho, Kato-gun, Hokkaido Pref.	Mondays to Fridays: 8:30 to 17:15 (except for 12:00 to 13:00)	*English	*You don't need to make an appointment for face-to-face consultation. *Telephone and email consultation services are also available.
	Yubetsu General Consultation Counter for Foreign Residents (Kami-yubetsu Town Hall)	318 Kamiyubetsu-onden Shigaichi, Yubetsu, Monbetsu-gun, Hokkaido Pref.	Mondays to Fridays: 8:30 to 17:15	-Interpretation apps 72 languages total, incl. English	Scheduled for establishment by March 31, 2020
	Yubetsu General Consultation Counter for Foreign Residents (Yubetsu Town Hall)	112-1 Sakaemachi, Yubetsu, Monbetsu-gun, Hokkaido Pref.	Mondays to Fridays: 8:30 to 17:15	-Interpretation apps 72 languages total, incl. English	
	Yubetsu General Consultation Counter for Foreign Residents (Naka-yubetsu Branch Office)	3020-1 Nakayubetsu Nakamachi, Yubetsu, Monbetsu-gun, Hokkaido Pref.	Mondays to Fridays: 8:30 to 17:15 (*Except for 12:00 to 13:00 on Saturdays and Sundays)	-Interpretation apps 72 languages total, incl. English	
	Foreign Residents' Assistance Desk (Hakodate City)	International & Intercity Affairs Section (Hakodate City Hall 6F) 4-13 Shinonome-cho, Hakodate, Hokkaido TEL: 0138-21-3619	Mondays to Fridays: 8:45 to 17:30	*English	*For more information, visit <a href="https://www.city.hakodate.hokkaido.jp/docs/2014013100495/">https://www.city.hakodate.hokkaido.jp/docs/2014013100495/</a>

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Hokkaido	Foreign Residents' Assistance Desk (Hakodate City)	Hokkaido International Foundation 14-1 Motomachi, Hakodate, Hokkaido TEL: 0138-86-6065	Mondays to Fridays: 9:00 to 17:30	*English *Chinese *Korean *Vietnamese *Portuguese *Spanish *Tagalog *Thai *French *Nepalese *Hindi *Russian *Indonesian *Malay *Burmese *Khmer *Mongolian *German *Italian	*For more information, visit <a href="http://www.hif.or.jp/hakodatelife/info/">http://www.hif.or.jp/hakodatelife/info/</a>
	Multicultural Lounge, Town Promotional Exchange Department, Higashikawa Town	CentPure I 1-1, Kitamachi1, Higashikawa, Kamikawa, Hokkaido TEL:0166-74-6801	Mondays to Fridays: 9:00 to 17:00 (closed from 12:00 to 13:00)	*English *Uzbek language *Russian *Vietnamese *Chinese *Indonesian *Thai *Korean *Latvian *Burmese *French (Everyday)	*No reservation needed *Phone/Email also available *Consultation events will be held

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Aomori	Aomori Foreigner Consultation Service	2th floor, Aomori Prefectural Tourism Center Aspam 1-1-40 yaskata, Aomori City, Aomori Pref. TEL: 017-718-5147	【Japanese】Tuesday to Saturday: 10:00 to 17:00 【English】Wednesday & Saturday: 10:00 to 14:00 【Vietnam】Tuesday: 10:00 to 14:00 【Korean】Thursday: 10:00 to 14:00 【Chinese】Wednesday & Friday: 10:00 to 14:00	*English *Vitenam *Korean *Chinese	*For more information, visit <a href="http://www.kokusai-koryu.jp/">http://www.kokusai-koryu.jp/</a>
	Foreigner Consultations Counter, Hachinohe International Relations Association	1-1 Uchimarui 1 Chome, Hachinohe-City, Aomori Pref. TEL: 0178-43-9257	Mondays to Thursdays: 8: 15 to 17: 00 (Except for 12: 00 to 13: 00) Fridays: 8: 15 to 12: 00	*English *Chinese	*Face-to-face, telephone and email consultations are available. <You can get a request form in the following website> <a href="http://www.city.hachinohe.aomori.jp/index.cfm/22.39647.111.html">http://www.city.hachinohe.aomori.jp/index.cfm/22.39647.111.html</a> *You need to make an appointment by phone or via email for a face-to-face consultation.

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Iwate	International Exchange Center	5th floor, Iwate Citizens Information Exchange Center 7-1 Moriokaeki-nishidori 1Chome, Morioka City, Iwate Pref. TEL: 019-654-8900	Mondays to Fridays: 9:00 to 20:00 (Except for Dec. 29 through Jan. 3, regular maintenance and inspection days)	*Japanese, English, French and Chinese *Spanish (9: 00 to 16: 00 on Saturdays and Sundays) *Korean: 14:00 to 16:00 on 3rd Wednesdays *Vietnamese: 14: 00 to 16: 00 on Wednesdays.	*URL of the International Exchange Center <a href="http://www.aiina.jp/international/index.html">http://www.aiina.jp/international/index.html</a> *Service in some languages are not available depending on the hours.

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Miyagi	Miyagi Consultation Center for Foreign Residents	7th floor, Miyazagi Joint Government Bldg. 4-17 Tsutsumidori Amamiya-machi, Aoba-ku, Sendai City, Miyagi Pref. TEL: 022-275-9990	Mondays to Fridays: 9:00 to 17:00	*Chinese, Korean, English, Tagalog, Vietnamese, Nepali, Indonesian, Portuguese and Japanese *Consultation may be provided via three-way calling involving an interpreter.	*For more information, please visit <a href="http://mia-miyagi.jp/sodancenter.htm">http://mia-miyagi.jp/sodancenter.htm</a>
	Interchange Corner, Sendai International Center	1st floor, Sendai International Center Aobayama-mubanchi, Aoba-ku, Sendai-City, Miyagi Pref. TEL: 022-265-2471	9:00 to 17:00 (except for year-end through New Year holidays and regular holidays of the center)	English, Chinese, Korean, Vietnamese, Portuguese, Tagalog and Nepali *Consultation may be provided via three-way calling involving an interpreter.	*For more information, please visit <a href="http://int.senia-sendai.jp/j/exchange/index.php">http://int.senia-sendai.jp/j/exchange/index.php</a> *Face-to-face, telephone and email consultation services are available.
	Kesennuma City, The Little Embassy	1st floor, Wan-ten Governmet Bldg., Kesennuma City Hall 1-1-1 Youka-machi, Kesennuma City, Miyagi Pref. TEL: 0226-22-6600 (Ext. 337)	Mondays to Fridays: 9:00 to 16:00	*English	Please call us in advance if you want to receive a consultation.
	Ishinomaki City Foreigners' Consultation Counter	Regional Development Division, 4th floor, Ishinomaki City Hall 14-1Koku-cho, Miyagi Pref. TEL: 0225-95-1111	Tuesdays, Wednesdays, and Thursdays: 9:00 to 15:15 *Only for Tagalog service: the schedule for the following month will be posted on the website at the end of each month.	*Chinese (Tuesdays) *Korean (Wednesdays) *English (Thursdays) *Vietnamese (Thursdays) *Tagalog (Check out the website for the schedule)	*For more information, please visit <a href="https://www.city.ishinomaki.lg.jp/cont/10053500/8295/soudan.html">https://www.city.ishinomaki.lg.jp/cont/10053500/8295/soudan.html</a> *Multilingual leaflet of consultation service <a href="https://www.city.ishinomaki.lg.jp/cont/10053500/8295/poster.pdf">https://www.city.ishinomaki.lg.jp/cont/10053500/8295/poster.pdf</a>
	Support Desk for Foreign Nationals in Tome	381-1 Megomachii, Teraike, Toyoma-machi, Tome City, Miyagi Pref. TEL: 0220-52-2144	Mondays, Tuesdays, Wednesdays and Fridays (Except for national holidays and the year-end through New Year holidays) 9:00 to 16:00	English, Chinese and Korean	*Please call us first, then our counselor will call you back about the schedule. * In addition to the specified consultation days of the week. (Mondays, Tuesdays, Wednesdays and Fridays), you can call us to make an appointment for consultation on any other day of the week, as your call will be transferred to the department in charge.

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Akita	Consultation Center for Foreign Residents in Akita	1st floor, ATORION, 2-3-8 Nakadori, Akita City, Akita Pref. TEL: 018-884-7050	Mondays to Fridays: 9:00 to 17:45 *It is open on 3rd Saturdays and closed on the following Mondays instead.	*13:00 to 15:00 on Thursdays (English, Chinese and Korean) *Appointment only (Tagalog) *Please contact the center about services in other languages	*For more information, visit the Akita International Association website (Public Interest Incorporated Association) at <a href="http://www.aiahome.or.jp/">http://www.aiahome.or.jp/</a> *Telephone or email consultation services are also available.

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Yamagata	Counselling Help Desks for Foreign Residents in Yamagata Prefecture Counselling on general matters	Yamagata International Exchange Center 2nd floor, Kajō Central, 1-1-1 Jonan-machi, Yamagata City, Yamagata Pref. TEL: 023-647-2275	Tuesdays to Sundays: 9:30 to 17:00 *Closed on: Mondays, national holidays, and the following day if a national holiday falls on a Monday, and the year-end through New Year holidays.	*English *Chinese *Korean *Tagalog (appointment only) *Portuguese (appointment only) *Indonesian (appointment only)	*For more information, please visit <a href="https://www.city.yamagata-yamagata.lg.jp/shimin/sub10/sodan/c4976pd 1121100044 .html">https://www.city.yamagata-yamagata.lg.jp/shimin/sub10/sodan/c4976pd 1121100044 .html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Counselling Help Desks for Foreign Residents in Yamagata Prefecture Counselling on legal matters	Yamagata International Exchange Center 2nd floor, Kajō Central, 1-1-1 Jonan-machi, Yamagata City, Yamagata Pref. TEL: 023-647-2275	1st and 3rd Wednesdays: 11:00 to 15:00	*English *Chinese *Korean *Tagalog (appointment only) *Portuguese (appointment only) *Indonesian (appointment only)	*For more information, please visit <a href="https://www.city.yamagata-yamagata.lg.jp/shimin/sub10/sodan/c4976pd 1121100044 .html">https://www.city.yamagata-yamagata.lg.jp/shimin/sub10/sodan/c4976pd 1121100044 .html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Yonezawa City International Relations Association (YIRA)	1st floor, Okitama Synthesis Culture Center 1-14 Kanaike 3 Chome, Yonezawa City, Yamagata Pref. TEL: 0238-33-9146	Mondays to Saturdays: 9:00 to 17:00 (except for 12:00 to 13:00)	*English *Chinese *Consultation in other languages will be supported by volunteer interpreters.	*For details, please visit the YIRA website. *Telephone or email consultation services are also available. *We have a dedicated line for consultation in Chinese.
	Consultation counter Turuoka City Dewa Shonai International Forum	8-32 Isehara-machi 3 Chome, Tsuruoka City, Yamagata Pref. 0235-25-3600 (Main) 090-9638-5600 (English) 090-9638-5621 (Chinese) 090-3645-9627 (Korean)	Tuesdays to Sundays: 8:30 to 17:15 Consultation services in English, Chinese, and Korean are accessible by mobile phone 24 hours a day.	*English, Chinese, Korean and North Korean *Services in other languages may be available depending on the day.	*For details, please visit <a href="https://www.dewakoku.or.jp/">https://www.dewakoku.or.jp/</a> (about International Village/Foundation/Multicultural Symbiosis Project) *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available (accessible 24 hours a day by a mobile phone) *Email consultation services are also available.



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Ibaraki	Consulting Center for Foreign Residents	2nd floor, Annex Bldg. of Ibaraki Prefectural Center (located in the (public interest incorporated foundation) Ibaraki International Association) 745 Atokawa, Senba-cho, Mito City, Ibaraki Pref. TEL: 029-244-3811	Mondays to Fridays: 8:30 to 17:00 (except for 12:00 to 13:00)	*English and Japanese *Chinese, Portuguese, Thai, Tagalog, Spanish, Korean, Indonesian, and Vietnamese (Which language service is available on what day of the week varies depending on the language) *All the service in the above languages are provided by counselors. *Services in other languages are provided by using interpretation apps.	*For more information, please visit <a href="http://www.ia-ibaraki.or.jp/">http://www.ia-ibaraki.or.jp/</a> *You can receive consultation services in any means you like including telephone and face-to-face consultation. (Services are provided free of charge under confidentiality duty) *Legal consultation services with lawyers are provided twice a month. (appointment only)
	Policy Planning Department, Planning Division, Kamisu City Hall	4991-5 Mizoguchi, Kamisu City, Ibaraki Pref. TEL: 0299-90-1120	Mondays: 9:00 to 16:00 *Except for national holidays	English	*Call us in advance, as there are days when the counselor is absent.
	Tsukuba One-stop Inquiry Desk for Foreign Residents	5th floor International Exchange Office, City Hall 1-1-1, Kenkyugakuen, Tsukuba City, Ibaraki Pref. TEL: 029-883-1313	Mondays to Fridays: 10:00 a.m. to 5:00 p.m. (Except for 12:00 a.m. to 1:00 p.m.)	*Japanese *English *Chinese *Korean *Vietnamese *Tagalog *Thai *Portuguese *Spanish *French *Russian	*Only Japanese, English and Chinese is available in person. *Video interpretation service is available in all language except for Japanese. *Phone service is available only in Japanese, English and Chinese.
	Tsukuba International Association	Located in the Tsukuba Innovation Plaza 1-10-1 Azuma, Tsukuba City, Ibaraki Pref.	Wednesdays: 10:00 to 13:00	*English *Chinese *Plain Japanese	*For more information, please visit <a href="https://www.inter.or.jp/">https://www.inter.or.jp/</a> *Telephone consultation services are also available.
	Kamisu International Friendship Association	15 Sunayama, Kamisu City, Ibaraki Pref. TEL: 070-3923-5936	Tuesdays to Fridays: 9:00 to 16:00 *Except for national holidays	English	*Call us in advance, as there are days when the counselor is absent.
	Mito International Center	6-59 Bizen-machi, Mito City, Ibaraki Pref. TEL: 029-221-1800	Tuesdays to Sundays 9:00 to 21:00 (except for regular holidays of the center)	*English *Chinese (Appointment only)	*For more information, please visit <a href="https://mitoic.or.jp/jp/">https://mitoic.or.jp/jp/</a> *Need an appointment for consultation to be provided after 17:15 on weekdays or on Saturdays and Sundays. *Telephone or email consultation services are also available.
	The Tokai Sister City Hall	6-7 Tokai 3 Chome, Tokai-mura, Naka-gun, Ibaraki Pref. TEL: 029-282-0535	Mondays to Saturdays: 9:00 to 17:00	*English	*Appointment only for face-to-face consultation. *Telephone consultation services are also available.

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Ibaraki	International Exchange Salon	Located in Citizen's Collaboration Section, 2nd floor, Naka City Hall, 1819-5, Fukuda, Naka City, Ibaraki Pref. TEL: 029-298-1111 (Ext. 264)	Mondays to Fridays: 8:30 to 17:15 (except for 12:00 to 13:00)	*English	*For more information, please visit <a href="http://ieanaka.jp/page/page000017.html">http://ieanaka.jp/page/page000017.html</a>
	Citizen Activities Depts. Kasama City Hall	2-1 Chuo 3 Chome, Kasama City, Ibaraki Pref. TEL: 0296-77-1101	Mondays to Fridays: 8:30 to 17:15	*English *Korean	
	(General Incorporated Foundation) Kasama International Sharing Association	Kasama City Tomobe Community Center "Tomoa" 1- 10 Tomobe-ekimae, Kasama City, Ibaraki Pref.	1st, 2nd and 3rd Saturdays: 10:00 to 11:30 (Japanese language classes) 11:30 to 12:00 (consultation services)	*English *Chinese *German *French *Others	*For more information, please visit <a href="https://ja-jp.facebook.com/pages/category/Organization/%E4%B8%80%E8%88%AC%E7%A4%BE%E5%9B%A3%E6%B3%95%E4%BA-%E7%AC%A0%E9%96%93%E5%B8%82%E5%9B%BD%E9%9A%9B%E4%BA%A4%E6%B5%81%E5%8D%94%E4%BC%9A-Kasama-International-Sharing-Association-476974468990196/">https://ja-jp.facebook.com/pages/category/Organization/%E4%B8%80%E8%88%AC%E7%A4%BE%E5%9B%A3%E6%B3%95%E4%BA-%E7%AC%A0%E9%96%93%E5%B8%82%E5%9B%BD%E9%9A%9B%E4%BA%A4%E6%B5%81%E5%8D%94%E4%BC%9A-Kasama-International-Sharing-Association-476974468990196/</a> *You don't need to make an appointment for face-to-face consultation.

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Tochigi	Tochigi Consultation and Support Center for Foreign Residents	9-14 Hon-cho, Utsunomiya City, Tochigi Pref. TEL: 028-627-3399	Tuesdays to Saturdays: 8:30 to 16:00	*English, Chinese, Portuguese and Spanish *Contact us for services in languages other than the above.	*For more information, please visit <a href="http://tia21.or.jp/">http://tia21.or.jp/</a> *You don't need to make an appointment for face-to-face consultation. *Telephone and email consultations are also available.
	Foreigner Consultations Counter, Utsunomiya International Center, 2nd floor, Utsunomiya City Hall	TEL: 028-632-2834	Thursdays: 9: 00 to 12: 00 and 14: 00 to 17: 00 2nd Thursdays: 9: 00 to 12: 00 and 14: 00 to 17: 00	Portuguese and Spanish Chinese: 9: 00 to 12: 00 English and Thai: 14: 00 to 17: 00	*For more information, please visit <a href="http://www.ucia.or.jp/general_advice.html">http://www.ucia.or.jp/general_advice.html</a> *Telephone consultation services are also available. *Last admission is 30 minutes before the closing time.
	Foreigner Consultations Counter, Utsunomiya International Center	Location: Utsunomiya Omotesando Square Utsunomiya International Exchange Plaza TEL: 028-616-1564	Mondays, Tuesdays, Wednesdays and Fridays: 15: 00 to 18: 00 4th Sundays: 15:00 to 18:00 (appointment only)	Portuguese, Spanish, Chinese, Thai and English	*For more information, please visit <a href="http://www.ucia.or.jp/general_advice.html">http://www.ucia.or.jp/general_advice.html</a> *Telephone consultation services are also available. *You need to make an appointment for face-to-face consultation on 4th Sundays. *Last admission is 30 minutes before the closing time.
	Free Counseling on Daily Life Matters for Foreign Residents, (Nasushiobara City)	2-3 Atago-cho, Nasushiobara City, Tochigi Pref. (1st floor, Nishinasuno Bldg., Nasushiobara City Hall) TEL: 0287-62-7324 (Urban Exchange Section, Secretary Division, Nasushiobara City Hall)	Fridays: 9:00 to 16:00 (except for 12:00 to 13:00)	*English *Portuguese *Spanish	*Only face-to-face and phone consultation services are available. *As there is no direct line to consultation room, your call will be put through to the department in charge via the secretary section.

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Tochigi	Foreigner Consultations Counter, Oyama City Hall	1st floor, 1-1-1 Chuo-cho, Oyama City, Tochigi Pref. TEL: 0285-22-9439	Mondays to Fridays: 8:30 to 17:15	*English *Spanish *Portuguese *Available languages varies depending on the day of the week. Services in other languages may be provided by using interpretation apps.	*You don't need to make an appointment for face-to-face consultation.
	Kosodate Salon (to offer consultations about Child-rearing) Oyama International Exchange Association, 2nd floor, Hitotonoya Bldg., Oyama City Hall	2nd floor, 931-3 Hitotonoya, Oyama City, Tochigi Pref. TEL: 0285-23-1042 (A counselor is dispatched to the "Consultation Counter for Foreign Residents," in Oyama City Hall once a week to offer consultation for foreign residents)	Mondays to Fridays 9:00 to 17:00	*Portuguese *Spanish	*You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	International Relations Section, Citizen Affairs Department, Citizen Affairs Division Mohka City Hal, Tochigi Pref.	1st floor, 5191, Aramachi, Mohka City Tochigi Pref. TEL: 0285-83-8719	Mondays to Fridays 8:30 to 17:00 (Until 16:00 for services in English and Tagalog) (except for 12:00 to 13:00)	*Spanish, Portuguese (Mondays to Fridays) *English and Tagalog (Mondays)	*For more information, please visit <a href="http://www.city.moka.lg.jp/">http://www.city.moka.lg.jp/</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Main Bldg., Nikko City Hall (Citizen Affairs Section)	1 Imaichihon-cho, Nikko City, Tochigi Pref. TEL: 0288-22-1111	3rd Tuesdays: 14:00 to 17:00 (except for national holidays)	*English *For other languages, you need to be accompanied by someone who can interpret your native language into Japanese or English.	*For more information, please call us. *You don't need to make an appointment for face-to-face consultation. *Telephone or email consultations services are also available.
	Citizens Affairs Section, Ashikaga City Hall (Interpretation service, life-consultation, guidance for administrative procedures, etc.)	2145 Honjo 3-chome, Ashikaga City, Tochigi Pref. TEL: 0284-20-2102	Mondays to Fridays: 8:30 to 17: 00	English Spanish Portuguese	

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Tochigi	Ashikaga International Association (Counselling on daily life affairs)	2nd floor, Lifelong Learning Center 1-1, Aioi-cho, Ashikaga City, Tochigi Pref. TEL: 0284-43-2412	Mondays to Fridays: 9:00 to 16:00	Chinese Korean	
	City Bus Traffic Safety Life Consultation Division Sano City Hall "Consultation on problems for foreigners" (Daily life, consumer life, administrative procedures, etc.)	Community Safety Section, Regional Traffic Department, Sano City Hall TEL: 0283-20-3014	Mondays to Fridays: 8:30 to 17:00	Japanese *If you cannot speak Japanese, please come to the City Bus Traffic Safety Life Consultation Division at least 10 days before the day on which you want to receive consultation, as we need time to arrange an interpreter.	
	Tochigi City International Center	Irifune Branch Office 15-5 Irifune- cho, Tochigi City, Tochigi Pref. TEL: 0282-25-3792	Mondays to Fridays: 9:00 to 17:00	*English, Chinese, Spanish, Portuguese and 68 other languages	*For more information, visit <a href="http://tic-tochigi.jp/">http://tic-tochigi.jp/</a>

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Gunma	Consultation counter for foreign residents, Iseaki City Hall	410 Imaizumi-cho 2 Chome, Iseaki City, Gunma Pref. TEL: 0270-24-5111	Mondays to Fridays: 9:00 to 17:00 (except for 12:00 to 13:00)	*English (interpreter) *Portuguese (interpreter) *Spanish (interpreter) *Tagalog (interpreter) *Other languages (via interpretation apps)	*For more information, please visit <a href="https://www.city.isesaki.lg.jp">https://www.city.isesaki.lg.jp</a>
	Consultation counter for foreign residents, Maebashi City Hall	2nd floor, Maebashi City Hall, 2-12-1 Otemachi, Mabashi City, Gunma Pref. TEL: 027-898-6516	Mondays: 13:00 to 17:00 Thursdays: 9:00 to 13:00  Mondays to Fridays: Only services in English are provided at the permanent counter on the 12th floor on the days other than the above) Mondays to Fridays: 9:00 to 17:00 (except for 12:00 to 13:00 on the days other than Mondays and Thursdays)	*English *Chinese (Mondays and Thursdays) *Portuguese (Mondays and Thursdays) *Spanish (Mondays and Thursdays) *Vietnamese (Mondays and Thursdays)	*For more information, please visit <a href="https://www.city.maebashi.gunma.jp/kurashi_tetsuzuki/2/5/10764.html">https://www.city.maebashi.gunma.jp/kurashi_tetsuzuki/2/5/10764.html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *Email consultation services are also available. (Basically in English)
	Oizumi Multicultural Community Center	2011-1 Yoshida, Oizumi-machi, Oura-gun, Gunma Pref. TEL: 0276-62-6066	Mondays to Fridays: 8:30 to 18:00 (except for year-end through New Year holidays, Saturdays, Sundays and national holidays)	*Portuguese (full-time interpreter) *Services in other languages may be supported by the interpretation apps)	*For more information, please visit <a href="http://www.oizumi.tabunka.jp">www.oizumi.tabunka.jp</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are available only in Portuguese.
	Multicultural Collaboration Department, Oizumi Town Office	55-1 Hinode, Oizumi-machi, Oura-gun, Gunma Pref. TEL: 0276-63-3111 (Ext. 262)	Mondays to Fridays 8:30 to 17:15 (except for the year-end through New Year holidays and national holidays)	*Portuguese (13:00 to 17:00 every day by a full-time interpreter) *Services in other languages may be supported by the interpretation apps.	*You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are available only in Portuguese.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Gunma	One-stop Center Consultation Counter for foreign residents Ota City Hall	2-35 Hama-cho, Ota-City, Gunma Pref. TEL: 0276-47-1111	Mondays (9:00 to 11:30) Tuesdays, Thursdays, and Fridays: (13:00 to 16:00)	Portuguese	You don't need to make an appointment for face-to-face consultation.
			Mondays, Tuesdays, and Fridays (13:00 to 16:00)	Spanish	
			Tuesdays and Fridays (13:00 to 16:00)	Chinese	
			1st and 3rd Thursdays 13:00 to 16:00)	English	
			Mondays to Fridays: 9:00 to 17:00 (except for 12:00 to 13:00)	Tagalog, Vietnamese, Nepali, Korean, Indonesian and Hindi *Services in other languages may be available depending on the day.	
	Consultation counter for foreign residents, Shibukawa City	80 Ishihara, Shibukawa City, Gunma Pref. TEL: 0279-22-2111	Thursdays (except for national holidays) 13:00 to 15:00	*English *Italian *Romanian *Japanese	*For more information, please visit <a href="http://www.city.shibukawa.lg.jp/shisei/annai/muryououdan/p002866.html">http://www.city.shibukawa.lg.jp/shisei/annai/muryououdan/p002866.html</a>
Consultation counter for foreign residents, Kiryu City	1-1 Orihime-cho, Kiryu City, Gunma Pref. TEL: 0277-46-1111	Mondays to Fridays: 8:30 to 17:15 *except for national holidays	English	Telephone consultation services are available.	
		Fridays: 11:00 to 15:00 *except for national holidays	Spanish		

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Saitama	Information and support for foreign residents, Saitama City Hall	3rd floor, Saitama Prefectural Urawa Joint Government Bldg., 5-6-5 Kita-Urawa, Urawa-ku, Saitama City, Saitama Pref. TEL: 048-833-3296	Mondays to Fridays (except for regular holidays, national holidays and December 29 through January 3) 9:00 to 16:00	*English *Chinese *Spanish *Portuguese *Korean *Tagalog *Thai *Vietnamese *Indonesian *Nepali *Plain Japanese	*For more information, please visit <a href="http://sia1.jp/foreign/advice/">http://sia1.jp/foreign/advice/</a> *You need to make an appointment for a consultation. *Telephone or email consultations are also available. *We provide specialized consultations on laws, labor, immigration control and welfare
	Multilanguage consultation service on daily life affairs, International Relations Center (Public Interest Incorporated Foundation) Saitama Tourism and International Relations Bureau	Saitama International Center (9F, Comunale) 11-1 Takasago-cho, Urawa-ku, City, Saitama Pref. TEL: 048-887-1506	Tuesdays to Thursdays: Chinese and Korean: 9:00 to 15:00 (except for 12:00 to 13:00) English: 9:00 to 14:30 (except for 12:30 to 13:00) *Last admission is at 14:00.	*English (Wednesdays) *Chinese (Tuesdays) *Korean (Thursdays)	For more information, please visit <a href="https://www.stib.jp/kokusai/consult.shtml">https://www.stib.jp/kokusai/consult.shtml</a> *Telephone consultation services are also available.
	Legal consultation service for foreign residents [Toda International Friendship Association]	2nd floor, Saitama Prefecture Niizominami Bldg. (Sakura Pal, Toda City Nizominami Multi-generational Exchange Center) 3-1-5, Niizominami, Toda City, Saitama Pref. TEL: 048-434-5690	2nd Wednesdays:  Three times a day : From 14:00 /from 15:00 /from 16:00	*English *Chinese *For services in other languages, please contact us beforehand.	Please visit the following website for details. [Japanese] <a href="http://www.toda-tifa.jp/img/2019houritusoudan-2.png">http://www.toda-tifa.jp/img/2019houritusoudan-2.png</a> [English] <a href="http://www.toda-tifa.jp/img/houritusoudanE.png">http://www.toda-tifa.jp/img/houritusoudanE.png</a> [Chinese] <a href="http://www.toda-tifa.jp/img/houritruC2.png">http://www.toda-tifa.jp/img/houritruC2.png</a> [Korean] <a href="http://www.toda-tifa.jp/img/houritruH1.png">http://www.toda-tifa.jp/img/houritruH1.png</a>
	Consultation service for foreign residents on troubles and daily life affairs [Toda International Friendship Association]	2nd floor, Saitama Prefecture Niizominami Bldg. (Sakura Pal, Toda City Nizominami Multi-generational Exchange Center) 3-1-5, Niizominami, Toda City, Saitama Pref. TEL: 048-434-5690	Tuesdays to Sundays: 8:45 to 17:00	*English *Chinese *For services in other languages, please contact us beforehand.	Please contact us for details.
	Consultation service for citizens (Consultation service for foreign residents on daily life affairs) Tokorozawa City Hall	1-1-1, Namiki, Tokorozawa City, Saitama Pref. TEL: 04-2998-9092	Thursdays (1st, 2nd, 3rd and 4th) 13:00 to 16:00	*Chinese (1st and 3rd Thursdays) *English (2nd and 4th Thursdays)	*Services in different languages are provided as a part of our regular consultation services for citizens. *We provide advice on issues and concerns which happen in your daily lives, or guide you to appropriate departments or introduce you to an external organization, if needed, to help you to do various required procedures. *Only face-to-face consultation services are offered. No telephone consultation services are available. *For more information, please visit <a href="http://www.city.tokorozawa.saitama.jp/kurashi/soudan/shiminsoudan/gaikokujinseikatusoudan.html">http://www.city.tokorozawa.saitama.jp/kurashi/soudan/shiminsoudan/gaikokujinseikatusoudan.html</a>



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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Saitama	Counseling Counter for Foreign Residents, Kawaguchi City	Mezzanine 4th floor, CupoLa, Kawaguchi Citizens Partner Station 1-1-1, Kawaguchi, Kawaguchi City, Saitama Pref. TEL: 048-227-7607 (Multicultural Symbiosis Section, Collaboration Promotion Dept.)	Tuesdays to Saturdays: 9:30 to 17:45 PM (except for 12:00 to 13:00)	*Chinese, English, Korean and Vietnamese services are as follows. 1) CIR** (Chinese and English) 10:00 to 17:00 on Tuesdays to Saturdays (Except for 12:00 to 13:00) 2) Korean speaking Counselor (Korean) 10:00 to 17:00 on Wednesdays (Except for 12:00 to 13:00) 3) English speaking Counselor (English) 10:00 to 17:00 on Fridays (Except for 12:00 to 13:00) 4) Vietnamese speaking counselors (Vietnamese) 10:00 to 17:00 on 2nd and 4th Thursdays (Except for 12:00 to 13:00) * When both CIR and foreign counselors are absent, services will be provided by outside interpreter over the phone.  **CIR: Coordinator for International Relations  *Services in Nepali, Indonesian, Tagalog, Thai, Portuguese and Spanish will be provided by outside interpreter over the phone.	*For more information, please visit <a href="https://www.city.kawaguchi.lg.jp/soshiki/01060/020/4/3584.html">https://www.city.kawaguchi.lg.jp/soshiki/01060/020/4/3584.html</a>  *You don't need to make an appointment for consultation.  *Telephone consultation services are available only in Chinese, English, Korean and Vietnamese when CIRs or foreign counselors are present.  *No email consultation services are available.
	Consultation desk for foreign residents, Regional counter of the headquarters	In front of Citizen Affairs Department, 1st floor, Main Bldg., Kawaguchi City Hall 2-1-1 Aoki, Kawaguchi City, Saitama Pref. TEL: 048-227-7607 (Multicultural Symbiosis Section, Collaboration Promotion Dept.)	Thursdays 10:00 to 16:00 (except for 12:00 to 13:00)	*Chinese, English and Turkish services will be given by CIR or foreign counselors who can speak counselee's native language.  *Interpretation services will be provided by phone for Korean, Vietnamese, Nepali, Indonesian, Tagalog, Thai, Portuguese and Spanish.	*For more information, please visit <a href="https://www.city.kawaguchi.lg.jp/soshiki/01060/020/4/3584.html">https://www.city.kawaguchi.lg.jp/soshiki/01060/020/4/3584.html</a>  *Only face-to-face consultation services are available. You don't need to make an appointment.  *No telephone or email consultation services are available.
	Ranzan International Association	Sugaya, Ranzan-machi Hiki-gun, Saitama Pref.	Please contact us via email first.	*English, Chinese and Portuguese *We'll introduce you an appropriate interpreter who can satisfy your needs.	For more information, please visit <a href="http://www.mcc.mbsrv.net/ria/index.html">http://www.mcc.mbsrv.net/ria/index.html</a> *Please contact us first by texting us to the following email address. <a href="mailto:mcc@po.kumagaya.or.jp">mcc@po.kumagaya.or.jp</a>

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Saitama	Information desk for foreign residents (Iruma City)	Located in the Autonomous Culture Section, 2nd floor, Iruma City Hall 1-16-1 Toyooka, Iruma City, Saitama Pref. TEL: 04-2964-1111	Tuesdays and Wednesdays, and 1st Thursdays : 9:00 to 12:00 (noon)	*English (Tuesdays) *Spanish (Wednesdays) *Chinese (1st Thursdays)	You don't need to make an appointment.
	Residents "Hello Corner" (Counselling services for non-Japanese residents) (Ageo City)	Ageo City Hall 3-1-1 Hon-cho, Ageo City, Saitama Pref. TEL: 048-775-5111 (Main)	1st, 2nd, 3rd, 5th Mondays (except for national holidays) 4th Saturdays (except for national holidays and regular holidays) 9:00 to 16:00 (Except for 12:00 to 13:00)	*English (9:00 to 12:00) *Spanish (9:00 to 16:00) *Chinese (13:00 to 16:00) *Portuguese (13:00 to 16:00)	*For more information, please visit <a href="https://www.city.ageo.lg.jp/page/4-hc.html">https://www.city.ageo.lg.jp/page/4-hc.html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *Mondays: The venue is on the 1st floor, Annex No.3, of the City Hall *Saturdays: The venue is conference room 501, in the main building of the city hall.
	Counseling for foreigners, Hanno city Hall	1-1 Namiyanagi, Hanno City, Saitama Pref.	English: 9:00 to 12:00 on 1st and 3rd Thursdays Spanish: 9:00 to 12:00 on 4th Thursdays *except for national holidays and the year-end through New Year holidays.	*English (1st and 3rd Thursdays) *Spanish (4th Thursdays)	*For more information, please visit Hanno city website at <a href="https://www.city.hanno.lg.jp/top">https://www.city.hanno.lg.jp/top</a> *You need to make an appointment.
	Intercultural Information Corner	2nd floor, West Wing, Main Bldg. . Soka City Hall 1-1-1 Takasago, Souka City, Saitama Pref. TEL: 048-922-2970	Mondays, Wednesdays and Fridays: 9:00 to 17:00  ※ Need an appointment for services on Tuesdays and Thursdays.	English (Mondays, Wednesdays and Fridays) Chinese (Wednesdays(PM) and Fridays) Spanish, Korean, Thai and French (appointment only)	*URL: <a href="http://www.city.soka.saitama.jp/cont/s1402/010/020/030/01.html">http://www.city.soka.saitama.jp/cont/s1402/010/020/030/01.html</a>

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Chiba	Chiba Prefectural telephone consultation service for foreign residents	14th floor, WBG Marive East, 2-6 Nakase, Mihama-ku, Chiba City, Chiba Pref. TEL: 043-297-2966	Mondays to Fridays: 9:00 to 16:00 (except for 12:00 to 13:00)	*English *Chinese (in the morning on Tuesdays) *Spanish (Mondays and Wednesdays)	<a href="https://www.pref.chiba.lg.jp/kokusai/soudan/gaikokujin/telephone.html">https://www.pref.chiba.lg.jp/kokusai/soudan/gaikokujin/telephone.html</a>  *Face-to-face consultation services are also available.
	Funabashi Multilingual Information Center	Funabashi City Hall 2-10-25, Minatocho, Funabashi City, Chiba Pref. TEL: 050-3101-3495	Mondays to Fridays: 9:00 to 17:00	*Japanese *English *Chinese, *Korean *Vietnamese *Nepali *Indonesian *Pilipino *Thai *Portuguese *Spanish *Hindi	You are able to visit, call or mail us for consultation. For more information, please visit <a href="https://www.funabashi-multilingual.info/">https://www.funabashi-multilingual.info/</a>
	【Matsudo City】 Consultation Service for Non-Japanese	City Hall Main Bld.level2 387-5 Nemoto, Matsudo City Chiba Pref. TEL: 047-366-1162(in Japanese only available) TEL: 047-366-9151(in Chinese Mon.Tues.Wed.10:00-13:00、Thu.Fri.13:00-16:00 /in English Mon.Tues.Wed.13:00-16:00、Thu.Fri.10:00-13:00 )	① Mondays to Fridays: 10:00 to 16:00	① *Chinese Mon.Tues.Wed.10:00-13:00、Thu.Fri.13:00-16:00 *English Mon.Tues.Wed.13:00-16:00、Thu.Fri.10:00-13:00  *Other language : Moble translation device	*For more information, visit <a href="https://www.city.matsudo.chiba.jp/shiminnokoe/soudan/kouchou_gaikokujin.html">https://www.city.matsudo.chiba.jp/shiminnokoe/soudan/kouchou_gaikokujin.html</a>
			② 1st-4rd Tuesdays from 9:00 to 12:00  4th Friday from 1:00 to 4:00	② English & Chinese 1st & 3rd Tuesdays from 9:00 to noon Tagalog:2nd & 4th Tuesdays from 9:00 to noon Spanish:2nd Tuesdays from 9:00 to noon Vietnamese:4th Friday from 1:00 to 4:00	
	Consultation service for foreign residents on problems (in Spanish and Portuguese) Ichihara City Hall	Located in the Goi branch office, 2nd floor, Sunplaza Ichihara, 1- 25 Goichuonishi 1 Chome, Ichihara City, Chiba Pref. TEL: 0436-24-3934	(Spanish) 1st and 3rd Fridays: 13:00 to 16:00 (Portuguese) 2nd and 4th Thursdays: 9:00 to 12:00 (noon)	*Spanish *Portuguese	*For more information, please visit <a href="https://www.city.ichihara.chiba.jp/multilingual/sodan.html">https://www.city.ichihara.chiba.jp/multilingual/sodan.html</a> *Appointment only for face-to-face consultation.. *Telephone consultation services are also available. *Email consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Chiba	International Resident Consultation (Kamogawa City)	Kamogawa City Hall 1450 Yokosuka, Kamogawa City, Chiba Pref. TEL 04-7093-5931	Mondays to Fridays: 8:30 to 16:30	*Easy Japanese *Chinese *English *Tagalog *Vietnam *Korean *Thai *Spanish *Urdo *French *Hungry *Russian *Persian *Malaysian *Portugues *Italian *German	*Telephone and email Easy Japanese and English Only
	Kamagaya City Multicultural Symbiosis Promotion Center	1-1-3 Tomioka, Kamagaya City, Chiba Pref. (Located in the Kirari Kamagaya Civic Hall)	Sunday to Saturdays: 9:00 to 22:00 *Center staffs are available from 9:00 to 16:00	*English (Sundays to Wednesdays, Fridays and Saturdays) *Chinese (Tuesdays) *Korean (Thursdays) *Tagalog (Fridays) *Services in Spanish may be available depending on the day..	*For more information, please visit <a href="http://www.city.kamagaya.chiba.jp/sisetsu/kirari-shiminkaika/kamagaya_world-pla.html">http://www.city.kamagaya.chiba.jp/sisetsu/kirari-shiminkaika/kamagaya_world-pla.html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *Email consultation services are also available.
	Consultation counter for foreign residents Shiroi City Hall	1123 Fuku, Shiroi City, Chiba Pref. TEL: 047-401-8607	Mondays to Fridays: 8:30 to 17:15	*English *We'll do our best to offer services in other languages as well, if requested.	You need to make an appointment.
	Support counter for foreign residents Tomisato City Hall	Planning and Statistics Section, Planning Dept., General Affairs Div., 652-1 Nanae, Tomisato City, Chiba Pref. TEL: 0476-93-1118	Mondays to Fridays (same as business days of the city hall) 9:00 to 12:00 (noon)	*English only	You don't need to make an appointment

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Chiba	Chiba City International Communication Plaza (Chiba City International Association)	2nd floor, Chiba Chuo Community Center, 2-1 Chiba Minato, Chuo-ku, Chiba Pref. TEL: 043-245-5750	Mondays to Fridays: 9:00 to 20:00 Saturdays: 9:00 to 17:00	*English Mondays to Saturdays: 9: 30 to 16: 30 *Chinese Mondays and Thursdays: 15: 00 to 19: 30 Tuesdays and Wednesdays: 9: 00 to 19: 30 Fridays: 9: 00 to 15: 30 *Korean Mondays, Thursdays and Saturdays: 9: 00 to 15: 30 *Spanish Tuesdays and Thursdays: 10: 00 to 16: 30 Saturdays: 9: 30 to 16: 00 *Vietnamese Wednesdays, Fridays and Saturdays: 9: 30 to 16: 00  *Services in other languages may be available depending on the day.	*For more information, please visit <a href="http://www.ccia-chiba.or.jp/">http://www.ccia-chiba.or.jp/</a>  *Telephone consultation services are also available.  *Email consultation services are available: <a href="mailto:ccia@ccia-chiba.or.jp">ccia@ccia-chiba.or.jp</a>
	Consultation counter for foreign residents. Urayasu City Hall	Located in the Regional Development Dept., 3rd floor, Urayasu City Hall 1-1-1 Nekozone, Urayasu City, Chiba Pref. TEL: 047-712-6910	Mondays to Fridays: 10:00 to 16:00 (except for 12:00 to 13:00)	*English *Polish, Russian, French (Mondays and Tuesdays) *Spanish (Wednesdays and Thursdays) *Chinese (Fridays)	*Face-to-face or telephone consultation services are available. (You don't need to make an appointment)
	Togane City Foreign residents Consultation Desk	2th floor, Togane City Hall 1-1, Higashi iwasaki, Tgane City, Chiba Pref. TEL: 0475-50-1114	Mondays to Fridays: 8:30 to 12:00 , 13:00 to 17:15	English Chinese Korean Spanish Portuguese Vitnamese(9:00 to 17:15) Thai(10:00 to 17:15) Filipino(10:00 to 17:15) French(10:00 to 17:15) Nepali(10:00 to 17:15) Hindi(10:00 to 17:15) Russian(10:00 to 17:15) Indonesian(Mondays,Fridays 9:00 to 17:00)	

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Chiba	Nagareyama International Understanding Support Center	1-4 Edogawadai-Higashi, Nagareyama City, Chiba Pref.	Mondays, Wednesdays and Fridays (Except for Saturdays, Sundays, national holidays and Dec. 29 through Jan. 3) 10:00 to 16:00 (except for 12:00 to 13:00)	English	*You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *Email consultation services are also available.
	Consultation counter for foreign residents Ichikawa City Hall	①2-20-2 Minami-Yawata, Ochikawa City, Chiba Pref. (temporary main building) ②1-1-31 Suehiro, Ichikawa City, Chiba Pref. (Gyotoku branch office) TEL: 047-712-8675	[Location ①] *English 10:00 to 17:00 (Mondays, Wednesdays and Thursdays) 13:00 to 17:00 (Tuesdays and Fridays) *Chinese 10:00 to 17:00 (Mondays and Wednesdays) *Spanish 10:00 to 17:00 (1st, 3rd and 5th Thursdays)  [Location ②] *English 10:00 to 17:00 (Mondays, Tuesdays, Thursdays and Fridays) 10:00 to 20:00 (Wednesdays) *Spanish 15:00 to 20:00(Wednesdays) 10:00 to 17:00 (2nd and 4th Thursdays)	*English *Chinese (Mondays, Wednesdays) *Spanish (Wednesdays, Thursdays)	*Face-to-face and telephone consultation services are available.
	Yachiyo-shi Multicultural Interchange Center	2-9-103 Murakami-danchi, Yachiyo City, Chiba Pref. TEL: 047-487-6310	Mondays to Saturdays: 9:00 to 17:00 (Interpretation service: 13:00 to 16:00)	*English *Portuguese *Spanish	*For details, please visit the Yachiyo City website. *You don't need to make an appointment for face-to-face consultation.
	Sakura International Exchange Foundation	198-2 Kaburagi-machi, Sakura City, Chiba Pref. (2nd floor, Rainbow Plaza Sakura) TEL: 043-484-6326	Mondays to Fridays: 10:00 to 16:00 (except for 12:00 to 13:00, Saturdays, Sundays and national holidays)	*English *Chinese *Spanish	*For more information, please visit <a href="http://www.sief.jp/42/42-top.html">http://www.sief.jp/42/42-top.html</a> *You need to make an appointment for face-to-face consultation. *Email consultation services are also available. (info@sief.jp).

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Chiba	Abiko International Relations Association (AIRA)	Located in Abiko Civic Plaza, 3rd floor, Abiko Shopping Plaza, 11-1 Abiko 4 Chome, Abiko City, Chiba Pref. TEL: 04-7183-1231	Sundays to Saturdays (except for Thursdays and national holidays) 10:00 to 17:00 (except for 12:00 to 13:00)	*English *Chinese *Spanish *Thai *Korean *French (Every day)	*For more information, please visit <a href="http://www.e-airajp/index.php/ja/">http://www.e-airajp/index.php/ja/</a>
	Consultation counter for foreign residents Narita City Hall	760 Hanazaki-cho, Narita City, Chiba Pref. TEL: 0476-20-1507	2nd and 4th Fridays: 13:00 to 16:00	*English *Portuguese *Chinese *Spanish	*You don't need to make an appointment for face-to-face consultation *Only face-to-face consultation is available. *Please note that our consultation service is limited only to Narita residents.
	Free consultation counter for foreign residents Inzai City Hall	2364-2 Omori, Inzai City, Chiba Pref. TEL: 0476-33-4068	2nd Fridays: 9:00 to 16:00	*English	*You need to make an appointment.
	Consultation counter for foreign residents Kimitsu International Exchange Society	2-11-21 Kubo, Kimitsu City, Chiba Pref. TEL: 0439-54-9877	[Appointment only] Tuesdays, Thursdays, and Fridays (except for Saturdays, Sundays, December 28 through January 3) 9:00 to 16:00	*English *Chinese *Korean *Tagalog	*For more information, please visit <a href="http://kies.jp/planning/consultation/">http://kies.jp/planning/consultation/</a> Reference. *You need to make an appointment by phone or via email for face-to-face consultation. *Email consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Tokyo	The Tokyo Youth Comprehensive Consultation Center, WAKA-Navi Alpha	Shinjuku-ku, Tokyo Pref. *Note: Details of the address will be given to those who call us to make an appointment for our consultation services. TEL: 03-3267-0808	*Telephone consultation (Japanese only) Mondays to Saturdays 11:00 to 20:00 * Except for the year-end through New Year holidays. *Email consultation (accessible for 24 hours) * It may take about 10 days for you to receive a response. *Face-to-face counseling at the office * Appointment only	For email and face-to-face consultation, services in the following languages besides Japanese are available. *English *Chinese *Korean	*For more information, please visit <a href="https://wakanavi-tokyo.metro.tokyo.lg.jp/">https://wakanavi-tokyo.metro.tokyo.lg.jp/</a> *Telephone consultation services are available only in Japanese. *Face-to-face and email consultation services in foreign languages are available. *Please contact us by phone or via email for face-to-face consultation.
	Foreign Resident Advisory Corner (Shinjuku Ward)	1st floor, Shinjuku City Office 1-4-1Kabuki-cho, Shinjuku-ku, Tokyo Pref. TEL: 03-5272-5060 (English) 03-5272-5070 (Chinese) 03-5272-5080 (Korean)	Mondays to Fridays: 9:30 to 12:00 (noon) 13:00 to 17:00	*Counselor • English • Chinese • Korean *Video interpreting System (see below)	*For details, please visit <a href="http://www.foreign.city.shinjuku.lg.jp/jp/sodan/sodan_1/">http://www.foreign.city.shinjuku.lg.jp/jp/sodan/sodan_1/</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Foreign Resident Advisory Corner Shinjuku Multicultural Plaza.	11th floor, Hygeia 2-44 -1 Kabuki-cho, Shinjuku-ku, Tokyo Pref. TEL: 03-5291-5171	Mondays to Fridays: 10:00 to 12:00 (noon) and 13:00 to 17:00	*Counselor • English (※Wednesdays: except for the 2rd and 4th. ※Fridays: the 3rd only) • Chinese (Fridays, Thursdays) • Korean (Mondays ※ only in the afternoon and Fridays) • Thai (Tuesdays) • Nepali (Tuesdays) • Burmese (Thursdays) *Video Interpreting System (see below)	*For details, please refer to <a href="http://www.foreign.city.shinjuku.lg.jp/jp/sodan/sodan_1/">http://www.foreign.city.shinjuku.lg.jp/jp/sodan/sodan_1/</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Shinjuku-ku Video Interpretation System		Mondays to Fridays	*8: 30 to 17: 15 English, Chinese, Korean, Spanish and Portuguese *9: 00 to 17: 15 Thai, Russian, and Vietnamese *10: 00 to 17: 15 French, Tagalog, Nepali and Hindi *10: 00 to 17: 00 Burmese (Thursdays only, except for 12: 00 to 13: 00) and Indonesian (Mondays and Fridays only)	*For details, please visit <a href="http://www.foreign.city.shinjuku.lg.jp/jp/benri/benri_23/">http://www.foreign.city.shinjuku.lg.jp/jp/benri/benri_23/</a>



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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Tokyo	Foreign Residents' Advisory Corner, (Suginami Ward)	Suginami City Office Reception desk No. 12, Administrative Consulting Dept., 1st floor, East Bldg., 1-15-1 Asagaya-minami, Suginami-ku, Tokyo Pref. TEL: 03-3312-2111	Tuesdays and Thursdays (9: 00 to 12: 00 and 13: 00 to 16:00)	English (Every Tuesdays morning/Thursdays afternoon) Chinese (Every Tuesdays afternoon/Thursdays morning) *Except for national holidays and the year-end through New Year holidays.	*For details, please visit <a href="http://www.city.suginami.tokyo.jp/guide/soudan/kuminsoudan/1005371.html">http://www.city.suginami.tokyo.jp/guide/soudan/kuminsoudan/1005371.html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Support Desk for Foreign Residents, (Suginami Ward)	Suginami City Office Reception desk No. 12, Administrative Consulting Dept., 1st floor, East Bldg., 1-15-1 Asagaya-minami, Suginami-ku, Tokyo Pref. TEL: 03-3312-2111	Mondays and Fridays (9: 00 to 12: 00 and 13: 00 to 16:00) 1st and 3rd Wednesdays (9: 00 to 12: 00)	English (Every Mondays afternoon/Fridays morning) Chinese (Every Mondays morning/1st, 3rd and 5th Fridays afternoon) Korean and North Korean (2nd and 4th Fridays afternoon) Nepali (1st and 3rd Wednesdays morning) *Except for national holidays and the year-end through New Year holidays.	*For more information, please visit <a href="http://suginamikouryu.org/greeting.html#2">http://suginamikouryu.org/greeting.html#2</a> *Telephone or email consultations are also available. *"Support Desk for Foreigners" is a service provided by the Suginami Association for Cultural Exchange (5th floor, Minami Asagaya Bldg., 1- 14-2 Asagaya Minami, Suginami-ku, Tokyo Pref. . TEL:03-5378-8833).
	Consultation counter for foreign residents Koto City Office	4 -11-28 Toyo, Koto-ku, Tokyo Pref. TEL: 03-3647-2364	Thursdays: 13:00 to 16:00	Chinese	*For more information, please visit <a href="https://www.city.koto.lg.jp/101032/kurashi/komyunitei/kokusai/seikatsu/63.html">https://www.city.koto.lg.jp/101032/kurashi/komyunitei/kokusai/seikatsu/63.html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Foreign Residents' Advisory Desk Edogawa City Office	Consulting room for citizens 2nd floor, Green Palace, 1-38-1 Matsushima, Edogawa-ku, Tokyo Pref. TEL: 03-5662-7684	Mondays (except for national holidays) 13:00 to 16:00	*English *Chinese	*Ward home page: <a href="https://www.city.edogawa.tokyo.jp/e009/kurashi/sodanannai/gaikokujin.html">https://www.city.edogawa.tokyo.jp/e009/kurashi/sodanannai/gaikokujin.html</a> . *Telephone consultation services are also available.
	Consultation for foreign residents Nerima City Office	6-12-1 Toyotamakita, Nerima-ku, Tokyo Pref. (9th floor, Main Bldg. Nerima City Office) TEL: 03-5984-4333	Mondays to Fridays 13:00 to 17:00 (except for national holidays and the year-end through New Year holidays)	*English *Chinese *Korean (Fridays) *Tagalog (Mondays)	*For more information, please visit <a href="https://www.city.nerima.tokyo.jp/kurashi/kokusai/gaikokugosoudan.html">https://www.city.nerima.tokyo.jp/kurashi/kokusai/gaikokugosoudan.html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Tokyo	Cultural Information Exchange Corner Nerima City Office	1-1 Higarigaoka 3 Chome, Nerima-ku, Tokyo Pref. (Development support center for children is located here. Cultural Information Exchange Center is on the 3rd floor.) TEL: 03-3975-1252	Every day except for regular holidays and the year-end through New Year Holidays) Weekdays: 10:00 to 13:00 Saturdays, Sundays and national holidays: 13:00 to 16:00	*English (Tuesdays, Thursdays, Saturdays) *Chinese (Wednesdays, Fridays, Sundays) *Korean (Mondays) *Other languages may also be available. (appointment only)	*For more information, please visit <a href="https://www.city.nerima.tokyo.jp/kurashi/kokusai/jouhoukouona.html">https://www.city.nerima.tokyo.jp/kurashi/kokusai/jouhoukouona.html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Consultation counter for foreign residents on daily life affairs Shinagawa City Office	Citizens Counseling Room 3rd floor, Bldg. No. 3, Shinagawa City Office TEL: 03-3777-2000	Tuesdays (2nd and 4th) Thursdays(2nd and 4th) 9:00 to 17:00 (except for 12:00 to 13:00) *Last admission is at 16:30	*English (2nd and 4th Tuesdays) *Chinese (2nd and 4th Thursdays)	*You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Consultation service for citizens (consultation for foreign residents) Kita City Office	1-15-22 Ojihoncho, Kita-ku, Tokyo Pref. TEL: 03-3908-1101	English: 13:00 to 16:00 on 2nd Tuesdays Chinese: 13:00 to 16:00 on Tuesdays	English: 13:00 to 16:00 on 2nd Tuesdays Chinese: 13:00 to 16:00 on Tuesdays	*For more information, please visit <a href="http://www.city.kita.tokyo.jp/koho/kuse/koho/kocho/sodan.html">http://www.city.kita.tokyo.jp/koho/kuse/koho/kocho/sodan.html</a> *You can make an appointment at the counter or by phone. (If a counselor is available, you can have a consultation on the day.).
	Nishitokyo Multicultural and International Center	1st floor, ING Bldg., 5-6-18 Minami-cho, Nishi-Tokyo City, Tokyo Pref. TEL: 042-461-0381	Mondays to Fridays: 9:00 to 16:00 (except for 12:00 to 13:00)	*English *Chinese (Wednesdays and Fridays) *Korean (Twice a month) *Spanish (Mondays and Tuesdays)	*Telephone consultation services are also available. *For more information, please visit <a href="https://www.city.nishitokyo.lg.jp/siseizyoho/multiculture/ntokyotabunkakyouseicenter.html">https://www.city.nishitokyo.lg.jp/siseizyoho/multiculture/ntokyotabunkakyouseicenter.html</a>
	Multicultural symbiosis Section Consultation and Exchange for Citizens Department Citizen Affairs Division Higashimurayama City Office	1-2-3 Hon-cho, Higashimurayama City, Tokyo Pref. TEL: 042-393-5111 (Main)	Mondays to Fridays: 9:00 to 16:00 (except for 12:00 to 13:00) *Except for year-end through New Year holidays.	*English (Mondays, Wednesdays, Thursdays and Fridays) *Chinese (Mondays to Fridays) *Korean (Mondays, Tuesdays, Wednesdays and Fridays)	*For more information, please visit <a href="http://www.city.higashimurayama.tokyo.jp/shisei/kokusai/tabunka/soudan.html">http://www.city.higashimurayama.tokyo.jp/shisei/kokusai/tabunka/soudan.html</a> *You don't need to make a reservation by phone for consultation. *Telephone consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Tokyo	Multilingual Consultation Counter Global City Ota Cooperation Association (GOCA)	1st floor, Consumer Center, 5-13-26, Kamata, Ota-ku, Tokyo Pref. TEL: 03-6424-8822	Mondays to Fridays: 10:00 to 17:00  *Specialized consultation service : 13:00 to 17:00 on 1st and 3rd Sundays (Need an appointment for legal consultation by a lawyer)	*English (Mondays, Tuesdays, Wednesdays and Fridays) *Chinese (Mondays, Tuesdays, Thursdays and Fridays) *Tagalog (Mondays and Fridays) *Nepali (Wednesdays) *Vietnamese (Thursdays)  *As there are some other languages whose interpretation service is available, please contact us.	*For more information, please visit <a href="https://www.ota-goca.or.jp/consultation/">https://www.ota-goca.or.jp/consultation/</a>  *Telephone consultation services are also available.  *We provide legal consultation service with a lawyer from 13:00 to 17:00 on 1st and 3rd Sundays. (appointment only)
	Minato City Consultation Services for Foreign Residents	#304, 3rd floor, Minato City Hall, 1-5-25 Shibakoen Minato-ku, Tokyo TEL:03-3578-2524/2046	Mondays to Fridays: 9:00 a.m. to 5:00 p.m. closed from noon to 1:00 p.m.	*English *Chinese, Korean, Portuguese, Spanish, Thai, Russian, Tagalog, Nepalese, Vietnamese, Indonesian(via video translation service)	*For more information, visit <a href="https://www.city.minato.tokyo.jp/kokusaika/gaikokujinsoudan.html">https://www.city.minato.tokyo.jp/kokusaika/gaikokujinsoudan.html</a> *Appointment is not required. *Telephone consultation service is available.(English and Japanese) *Consultation in foreign languages other than English is provided via video translation service.
	Support Desk for International Residents Hachioji City	11th floor, Hachioji Tokyu Square 9-1, Asahicho Hachioji City, Tokyo Pref. TEL:042-642-7091	Mondays to Saturdays: 10:00 to 17:00 *except for national holidays and the year-end through New Year holidays.	*English(every day) *In addition, it can correspond to twenty three languages such as Chinese and spanish. Please contact us for details.	<a href="https://www.city.hachioji.tokyo.jp/kurashi/shimin/004/004/gaikokujinno-soudan/p021016.html">https://www.city.hachioji.tokyo.jp/kurashi/shimin/004/004/gaikokujinno-soudan/p021016.html</a>

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Kanagawa	Multilingual Support Center Kanagawa	13th floor, Kanagawa Citizens Affairs Center, 2-42-2 Tsuruyua-cho, Kanagawa-ku, Yokohama City, Kanagawa Pref. TEL: 045-316-2770	Mondays to Fridays: 9:00 to 17:15 (except for 12:00 to 13:00)	*English (Fridays, Wednesdays) *Chinese (Mondays, Thursdays) *Tagalog (Mondays, Tuesdays) *Vietnamese (Thursdays, Fridays) *Spanish (Wednesdays, Fridays) *Easy Japanese (Mondays, Tuesdays, Wednesdays, Thursdays and Fridays)	*For more information, please visit <a href="http://www.kifjp.org/kmlc">http://www.kifjp.org/kmlc</a> *You don't need to make an appointment for face-to-face consultation. *You can also make an inquiry by phone.
	YOKE Information Corner (Yokohama City)	5th, Yokohama International Cooperation Center, PACIFICO YOKOHAMA, 1-1-1 Minato Mirai, Nishi-ku, Yokohama City, Kanagawa Pref. TEL: 045-222-1209	Mondays to Fridays: 10:00 to 17:00 (except for 11:30 to 12:30) 2nd and 4th Saturdays: 10:00 to 13:00	*English *Chinese (Mondays to Fridays and 2nd Saturdays) *Spanish (Mondays to Fridays and 4th Saturdays)	*For more information, please visit <a href="https://www.yokeweb.com/sodan">https://www.yokeweb.com/sodan</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultations are also available. *Email consultations are also available.
	Consultation corner for foreign residents, Hiratsuka City Hall	Culture and Exchange Dept., 7th floor, Main Bldg., Hiratsuka City Hall, 9-1 Sengen-cho, Hiratsuka City, Kanagawa Pref. TEL: 0463-25-2520	Tuesdays and Wednesdays: 9:00 to 16:00 (except for 12:00 to 13:00) *Last admission is at 11:30 in the morning and at 15:30 in the afternoon.	*Spanish (Tuesdays) *Portuguese (Wednesdays)	*Detailed information is also available on the Hiratsuka city website <a href="http://www.city.hiratsuka.kanagawa.jp/koryu/page-c_00215.html">http://www.city.hiratsuka.kanagawa.jp/koryu/page-c_00215.html</a> *You don't need to make an appointment for face-to-face consultation. *Consultation services are provided at out office. *No telephone or email consultation are available.
	Kawasaki City Consultation Corner for foreign residents.	Located in Kawasaki International Center, 2-2 Kizukigion-cho, Nakahara-ku, Kawasaki City Kanagawa Pref. TEL: 044-435-7000	Mondays to Saturdays: 10:00 to 16:00(except for 12:00 to 13:00)	*English (Mondays to Saturdays) *Chinese (Tuesdays, Wednesdays, Fridays) *Korean (Tuesdays, Thursdays) *Spanish (Tuesdays, Wednesdays) *Portuguese (Tuesdays, Fridays) *Tagalog (Tuesdays, Wednesdays)	*For more information, visit <a href="http://www.kian.or.jp">http://www.kian.or.jp</a> . *Telephone and email consultation services are also available. *You don't need to make an appointment for face-to-face consultation. *The consultation counter is closed during the year-end through New Year holidays and regular maintenance days.
	Hadano City Hall General Counter	1st floor, General Counter, Main Bldg., Hadano City Hall 1-3-2 Sakura-cho, Hadano City, Kanagawa Prefecture TEL: 0463-82-5111 (main)	Tuesdays to Fridays: 9:00 to 16:00 (except for 12:00 to 13:00) *Fridays: 9:00 to 12:00	*English (Wednesdays and Thursdays) *Spanish (Wednesdays and Thursdays) *Portuguese (Tuesdays) *Chinese (Fridays) *Vietnamese (Fridays)	*For more information, please visit <a href="http://www.city.hadano.kanagawa.jp">http://www.city.hadano.kanagawa.jp</a> *Appointments are not necessary for consultations in person. *We also accept consultations by phone.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Niigata	Foreign Resident Consultation Center of Niigata	Niigata-shi, Chuo-ku, Bandajijima 5-1 Bandajijima Biru 2nd Floor	Monday-Friday 10:00-17:00 (Reception for consultations ends at 16:30)	English(Monday,Thursday,Friday) Chinese(Wednesday) Filipino(Monday) Thai(Tuesday) Vietnamese(Tuesday) Spanish(Thursday) Portuguese(Thursday)  Korean, Nepali, Indonesian, Other languages(Monday - Friday) Can be done via machine translation on a tablet	For more information, refer to <a href="http://www.niigata-ia.or.jp/ct/003_zaiken_sup/001_seikatu_soudan/002_soudan_center.html">http://www.niigata-ia.or.jp/ct/003_zaiken_sup/001_seikatu_soudan/002_soudan_center.html</a> Appointments are not necessary for consultations in person. We accept consultations in person, by phone, by email.
	Consultation counter for foreign residents on daily life affairs, Itoigawa City Hall	4-3-1 Teramachi, Itoigawa City, Niigata Pref. (Beach Hall Magatama) TEL: 025-552-1511 (Citizens Affairs Section, Living Environment Dept., Itoigawa City Hall)	1st and 3rd Fridays: 10:00 to 12:00 (noon)	Please contact us about which language services are available.	For more information, contact Citizen's Life Section, Environmental Life Dept. Itoigawa City Hall. (TEL: 025-552-1511).

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Niigata	Consultation service for foreign residents Kamo City Hall	1st floor, Citizen Affairs Section, Kamo City Hall, 3-5 Saiwa-cho 2 Chome, Kamo City, Niigata Pref. TEL: 0256-52-0080 Ext. 111,112 or 114	Mondays to Fridays: 8:30 to 17:15 (except for 12:00 to 13:00)	*English *Russian	You don't need to make an appointment. Please come directly to the Citizens' Affairs Section
	Nagaoka City International Affairs Center, Chikyū Hiroba	Nagaoka Civic Center 1F, 2-2-6 Ote Street, Nagaoka City, Niigata Pref, TEL:0258-39-2714	Monday - Friday 8:30 a.m. - 7:00 p.m. Saturdays, Sundays, and National Holidays 9:00 a.m. - 6:30 p.m.	<ul style="list-style-type: none"> <li>•English(everyday)</li> <li>•Chinese(everyday)</li> <li>•Vietnamese(1st and 3rd Sundays 10:30 a.m. - 1:30 p.m.)</li> <li>•We advise you to contact Chikyu Hiroba in advance to make sure if English/Chinese/Vietname se speaking staff is available for the consultation.</li> <li>•Other languages are available through the multilingual support system.</li> </ul>	Website : <a href="https://www.city.nagaoka.niigata.jp/kurashi/cate13/c/hikyuhiroba/">https://www.city.nagaoka.niigata.jp/kurashi/cate13/c/hikyuhiroba/</a> Facebook : <a href="https://www.facebook.com/nagaoka.chikyu.hiroba/">https://www.facebook.com/nagaoka.chikyu.hiroba/</a> • Consultations via phone or e-mail are also available

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Toyama	Toyama Foreign Resident Support Center	Toyama International Center (Intec Building 4F, 5-5 Ushijima Shinmachi, Toyama City) TEL076-441-6330	Mondays to Fridays 9:00 to 16:00 (closed on holidays)	English, Chinese, Portuguese, Korean, Russian, Telugu	For more information, please refer to <a href="http://www.pref.toyama.jp/sections/1402/onestop/">http://www.pref.toyama.jp/sections/1402/onestop/</a>
	Toyama City Foreign Resident Consultation Desk	CiC Building 3rd floor, 2-3 Shintomi-cho 1 Chome, Toyama City, Toyama Pref. TEL: 076-444-0642	10:00 to 21:00 (Except Year-end and New Year holidays and the days the CiC Building are closed)	*English *Chinese *Korean *Portuguese *German * French * Other languages might be available by tablet and electronic translator.	*For more information, visit <a href="https://www.tca-toyama.jp">https://www.tca-toyama.jp</a> *Consultations are on site, by phone, or E-mail.
	Consultation for Foreign Residents	City Hall 7-50, Hirokoji, Takaoka City, Toyama Pref.	Monday to Friday: 13:00 to 17:15	*English *Portuguese *Chinese(Wed 14:00 to 16:00) *Simple Spanish We have translation devices which translate more than 70 languages.	

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Ishikawa	(Public Interest Incorporated Foundation) Ishikawa Foundation for International Exchange	3th floor, Rifare, 5-3 Honmachi 1 Chome, Kanazawa City, Ishikawa Pref. TEL: 076-222-5950	Mondays to Fridays: 8:30 to 17:15	31 languages, including English, Chinese, Korean, Portuguese, and Russian	*Native speakers either in English, Chinese, Korean, Portuguese or Russian will assist you. (There are days when some are absent.) *Services in other languages are supported by interpretation apps.
	Support Desk for Foreigners, Komatsu City Hall	Civil Service Dept., 1st floor, Komatsu City Hall, 91 Konmademachi, Komatsu City, Ishikawa Pref. TEL: 0761-24-8231	Mondays to Fridays (except for Dec. 29 through Jan. 3, Saturdays, Sundays and national holidays) 8:30 to 17:00 (Except for 12:00 to 13:00)	*Portuguese (One full-time interpreter available) *English, Chinese, Korean, Vietnamese, Portuguese, Spanish and Thai (Video interpretation service)	*This is a consultation counter on bureaucratic procedures. *Telephone consultations are available. *If you would like to designate the date and time of consultation, please contact the international exchange staff (Tourism and Culture Section, TEL: 0761-24-8076) * Services available in Portuguese and English.
	Komatsu International Association	Located in the Komatsu Machizukuri Koryu Center (Komatsu Civic Center for Town Development) Otsu 80-1, Kodera-machi, Komatsu City, Ishikawa Pref. TEL: 0761-21-2226	Mondays to Fridays and Sundays (except for the year-end through New Year holidays) 9:00 to 14:00	*Portuguese (Brazilian Counselor) *Services in other languages may be available depending on the day.	*This is a consultation counter for daily life affairs. *We may seek cooperation with the city hall, if necessary, in order to satisfy your needs. *Telephone consultations are available. *Please contact us first if you want to designate the time and day of the consultation. *“Lifestyle Consultation Center” is scheduled to be established in 2019.
	Citizen Service Counter Citizen Affairs Department Nomi City Hall	1110 Raimaru-machi, Nomi City, Ishikawa Pref. TEL: 0761-58-2213	Mondays to Fridays (weekdays): 8:30 to 17:15	Video interpretation service (12 languages)	*For more information, please visit <a href="http://www.city.nomi.ishikawa.jp/">http://www.city.nomi.ishikawa.jp/</a>
	Citizen Service Department Uchinada Town Office	2-1 Daigaku 1 Chome, Kahokugun Uchinada-machi, Ishikawa Pref. TEL: 076-286-6701	Mondays to Fridays: 8:30 to 17:15	Multilingual support with translation software	*You don't need to make an appointment for face-to-face and email consultation.



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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Fukui	Fukui Consultation Center for Foreign Residents(Information and consultation corner Fukui International Activities Plaza)	1-1 Hoen 3 Chome, Fukui City, Fukui Pref. 910-0004 TEL: 0776-28-8800 Fax: 0776-28-8818 URL: <a href="https://www.f-ia.or.jp/en/plaza/">https://www.f-ia.or.jp/en/plaza/</a>	Wednesdays, Fridays, Saturdays, Sundays and 2nd Mondays: 9:00 to 18:00 Tuesdays and Thursdays: 9:00 to 20:00  *Closed on: Mondays (Except for the 2nd Mondays), national holidays, December 29 through January 3)	*English *Chinese (Tuesdays, Wednesdays Morning, Fridays, Saturdays /once a Month on Thursdays and Sundays) *Portuguese (Fridays, Saturdays)  13 languages (English, Chinese, Korean, Portuguese, Spanish, Thai, Russian, Vietnamese, Filipino, French, Nepali, Hindian and Indonesian) can be interpreted, using video calling interpretation both via phone and at the counter.	Free consultation on Entry and Residence by legal specialists Date: 13:00 to 16:00 on 1st Saturdays. You need to make an appointment. (* 2nd Saturday if the 1st Saturday falls on a national holiday.) Interpreters: English, Chinese, Portuguese, etc.  Free legal consultation Date: 13:00 to 16:00 on the 3rd Saturdays. Appointment only. Interpreter: English, Chinese, Portuguese and others  13 languages (English, Chinese, Korean, Portuguese, Spanish, Thai, Russian, Vietnamese, Filipino, French, Nepali, Hindian and Indonesian) can be interpreted, using video calling interpretation.
	Fukui Consultation Reinan Center for Foreign Residents(Information and consultation corner Fukui International Activities Plaza)Fukui International Association Reinan Center	2nd floor, Aquatom, 2-4 Kagura-cho 2 Chome, Tsuruga City, Fukui Pref. 914-0063 TEL: 0770-21-3455 FAX: 0770-21-3441 URL: <a href="https://www.f-ia.or.jp/en/reinan/">https://www.f-ia.or.jp/en/reinan/</a>	Tuesdays to Saturdays: 9:30 to 18:00 (Until 20:00 on Thursdays.) 1st and 3rd Sundays: 12:00 to 18:00  *Closed on: Mondays and 2nd, 4th, and 5th Sundays, national holidays, December 29 through January 3.	English  13 languages (English, Chinese, Korean, Portuguese, Spanish, Thai, Russian, Vietnamese, Filipino, French, Nepali, Hindian and Indonesian) can be interpreted, using video calling interpretation at the counter.	Free consultation on Entry and Residence by legal specialists Date: Any time (appointment only) Interpreters: English, Chinese, Portuguese, etc.  Free legal consultation Date: Any time (appointment only) Interpreters: English, Chinese, Portuguese, etc.  13 languages (English, Chinese, Korean, Portuguese, Spanish, Thai, Russian, Vietnamese, Filipino, French, Nepali, Hindian and Indonesian) can be interpreted, using video calling interpretation.
	Echizen Multicultural Counseling Center One-Stop Center	1st floor, Echizen City Hall 1-13-7 Fuchu, Echizen City, Fukui Pref. TEL: 0778-22-3396	Mondays to Fridays (except for national holidays and the year-end through New Year holidays) 8:30 to 17:15	*Portuguese (Every day: 8:30 to 17:15) *Chinese (Every day: 8:30 to 17:15) *Vietnamese (Mondays and Thursdays: 9:00 to 16:45) *Services in other languages may be available depending on the day.	*For more information, please visit <a href="http://www.city.echizen.lg.jp/office/050/130010/gaikokujin/onestopcenter.html">http://www.city.echizen.lg.jp/office/050/130010/gaikokujin/onestopcenter.html</a> *Please make an appointment by phone in advance or you may encounter wait times for face-to-face consultations. *We also accept consultations by phone and email.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Yamanashi	Yamanashi Foreigner Consultation Center	2-2-3 Tida, Kofu-shi, Yamanashi (Yamanashi International Center 2F) 055-222-3390	Tuesday through Saturday (Closed Sunday, Monday, national holidays, and Dec.29-Jan.3) 9:00am-4:00pm	English, Chinese, Portuguese, Korean, Spanish, Indonesian, Nepalese, Vietnamese, Thai, Tagalog, Japanese	*Along with having foreign staff stationed at our center, we also have phone and tablet based translation services available.
	Minami-Alps International Exchange Association	1234-1 Ayuzawa, Minami Alps City, Yamanashi Pref. (1st floor, Kousai Nouson Kankyo Kaizen Center) TEL: 055-280-8345	Mondays to Fridays: 8:30 to 17:15	*English	*For more information, please visit <a href="https://minamialpsiea.wixsite.com/official-site">https://minamialpsiea.wixsite.com/official-site</a> *Telephone or email consultation services are also available.
	Consultation counter for foreign residents Kofu City Hall	Reception desk No. 10, Citizens Dept., Kofu City Hall, 18-1 Marunouchi 1 Chome, Kofu City, Yamanashi Pref.  TEL: 055-237-5359	Mondays to Fridays: 9:00 to 16:00  *We may ask you to wait for a while during busy hours.	Consultants who understand English, Chinese, and Korean are available. For the languages other than the above are supported by interpretation apps.	*Telephone consultation services are also available. *Email consultation services are available.

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Nagano	Multicultural Community Supporter (Nagano Pref.)	1st floor, East Bldg., Nagano Prefectural Office, 692-2 Minaminagano(habashita), Nagano City, Nagano Pref. TEL: 026-235-7186	Mondays to Fridays: 9:30 to 17:30	*Portuguese *Chinese *Tagalog *Thai *English	*For more information, please visit <a href="http://www.anpie.or.jp/supporter/index.html">http://www.anpie.or.jp/supporter/index.html</a>
	Nagano City International Exchange Corner	Monzen Plaza, 3rd floor, Shindencho 1485-1, Nagano City, Nagano Pref. TEL:026-223-0053	Mondays to Saturdays: 10:00 to 18:00 *Except the first and third Wednesday and New Year holidays	*English *Chinese *Korean(The second Tuesday 14:00-17:00) *Tagalog(The third Tuesday 14:00-17:00) *Thai(The fourth Tuesday 14:00-17:00)	*For more information, visit <a href="http://kokusai.sakura.ne.jp/kokusai/html">http://kokusai.sakura.ne.jp/kokusai/html</a>
	General Information Counter for foreign residents Ueda City Hall	Human Rights Gender Equality Dept. (branch office), Main Bldg., Ueda City Hall, 1-1-16 Ote, Ueda City, Nagano Pref. TEL: 0268-75-2245	Mondays to Fridays: 8:30 to 17:15	*Chinese *Portuguese *English *Spanish	*For more information, please visit <a href="https://www.city.ueda.nagano.jp">https://www.city.ueda.nagano.jp</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *Email consultation services are also available.
	Consultation counter for foreign residents, Okaya City Hall	1st floor, Former City Hall Bldg., 8-1 Saiwai-cho, Okaya City, Nagano Pref. TEL: 0266-24-3226 Fax: 0266-24-3229	English (Mondays to Fridays: 9: 00 to 16: 00) Chinese (Tuesdays: 8: 30 to 15: 30, Thursdays: 9: 00 to 15: 00) Portuguese (Wednesdays: 9: 00 to 15: 00)	*English *Chinese *Portuguese	*You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *Email consultation services are also available. Email address <a href="mailto:oiea@oiea.jp">oiea@oiea.jp</a> *For more information, please visit <a href="https://www.oiea.jp">https://www.oiea.jp</a>
	Consultation counter for foreign residents in native languages Iida City Hall	Located in the Iida City Hall, 2534 Ohkubo-cho, Iida city, Nagano Pref. TEL: 0265-22-4511 (ext. 5101)	Mondays to Fridays (except for national holidays): 13:00 to 17:00	*Chinese (Mondays, Tuesdays, Thursdays and Fridays) *English and Tagalog (Wednesdays and Fridays. Note: Service is provided on Thursday instead of Wednesday once a month) *Portuguese (Fridays and Thursdays)	* <a href="https://www.city.iida.lg.jp">https://www.city.iida.lg.jp</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Consultation counter for foreign residents in native languages Suwa City Hall	1-22-30 Takashima, Suwa City, Nagano Pref. TEL: 0266-52-4141	Mondays and Fridays (Closed on national holidays): 9:00 to 14:00	Portuguese	*You don't need to make an appointment. *Telephone consultation services are also available
	Consultation counter for foreign residents in dealing with their daily lives Komoro City Hall	3-3 Aioi-cho 3 Chome, Komoro City, Nagano Pref. TEL: 0267-22-1700 (Ext. 2311)	As needed	*Chinese *English *Tagalog	*Please make an appointment by phone in advance. *Email consultation services are also available. Email address: <a href="mailto:seisaku@city.komoro.nagano.jp">seisaku@city.komoro.nagano.jp</a>

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Nagano	Consultation counter for foreign residents in native languages Komagane City	20-1 Akasu-machi, Komagane City, Nagano Pref. TEL: 0265-83-2111	Mondays to Fridays: 8:30 to 17:15 (Portuguese: 13:00 to 17:00 on Mondays and 8:30 to 13:00 on Wednesdays.)	*English *Chinese (as needed) *Portuguese (Mondays: 13:00 to 17:00 Wednesdays: 8:30 to 12:00)	*Consultation services in English are offered by city staffs. *You need to make an appointment for consultation in Chinese.
	Consultation counter for foreign residents in native languages Chino City	Meeting room, 7th floor, Chino City Hall, 2-6-1 Tsukahara, Chino City, Nagano Pref. TEL: 0266-72-2101 (Ext. 634)	Once a month Basically, on the 3rd Thursdays (Check with the Lifelong Learning Section beforehand on the date of consultation.) 9:00 to 16:00 (except for 12:00 to 13:00)	*English *Portuguese *Tagalog *Chinese *Japanese	*For more information, please visit <a href="https://www.city.chino.lg.jp">https://www.city.chino.lg.jp</a> *You don't need an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Citizen Affairs Section Citizen Affairs Department Citizen Affairs Business Division Shiojiri City Hall	3-3 Daimon Nanaban-cho, Shiojiri City, Nagano Pref. TEL: 0263-52-0280 (Ext. 1196)	Mondays to Fridays: 8:30 to 17:15	Portuguese	
	Consultation counter to support foreign residents Saku City Hall	3056 Nakagomi, Saku City, Nagano Pref. TEL: 0267-62-3283	Portuguese: Mondays: 8: 30 to 12: 30 Thai : Wednesdays: 13: 00 to 17: 00 Chinese: Fridays: 8: 30 to 12: 30	*Portuguese (Mondays) *Thai (Wednesdays) *Chinese (Fridays)	*You need to make an appointment. for consultation *Please contact us if you want to receive a consultation on a day other than the specified days.
	Safety Section Consumer & Environment Protection Department Citizen Affairs Division Toumi City Hall	281-2 Agata, Toumi City, Nagano Pref. TEL: 0268-64-5896	Mondays to Fridays: 9:00 to 16:00	*Spanish *Portuguese	*Email: <a href="mailto:seikan@city.tomi.nagano.jp">seikan@city.tomi.nagano.jp</a>
	Counselor desk for foreign residents Azumino City Hall	6000 Toyoshina, Azumino City, Nagano Pref. TEL: 0263-71-2000 (main)	Mondays to Fridays: 8:30 to 17:15	Portuguese	*Consultation services are limited only to Azumino residents.
	Consultation counter for foreign residents on daily life affairs Minowa Town Office, Kamiina-gun	10298 Naka Minowa, Minowa-machi, Kamiina-gun, Nagano Pref. TEL: 0265-79-3111(Ext.199)	Mondays to Fridays: 9:00 to 16:00	Portuguese	
	General Affairs Section, Hakuba Village Office	7025 Hokujo, Hakuba-mura, Kita-azumi-gun, Nagano Pref. TEL: 0261-72-5000	Mondays to Fridays: 8:30 to 17:00	English	

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Nagano	Matsumoto Multicultural Symbiosis Plaza	18-1 Chuo 1 Chome, Matsumoto City, Nagano Pref. (Located in M-Wing, Matsumoto City) TEL: 0263-39-1106 (main)	Every day (Closed on 2nd and 4th Wednesdays, and December 29 through January 3.): 9:00 to 22:00  *9:00 to 17:00 on Saturdays, Sundays and national holidays	(1) Portuguese (Mondays: 16:00 to 22:00) (2) Chinese (1st, 3rd and 5th Wednesdays: 9: 00 to 17:00, Thursdays: 18: 00 to 22:00) (3) Thai (Saturdays: 13:00 to 15:00) (4) Tagalog (*Appointment only) (5) English (Mondays: : 9:00 to 16:00 Tuesdays: 9:00 to 22:00, Thursdays: 9:00 to 16:00, Fridays: 17:00 to 22:00) (6) Plain Japanese	* As the day and time of the consultation may be changed depending on the day, please contact us in advance. *Telephone consultation services are also available. *Email consultation services are also available. . Email address (1) m.t.kyousei@gmail.com (2) tabunka@city.matsumoto.lg.jp
	Consultation service in Portuguese Matsumoto City Hall	3-7 Marunouchi, Matsumoto City, Nagano Pref. TEL: 0263-33-0001 (main)	Mondays to Fridays: 9:30 to 15:30	*Portuguese	
	Lifelong Learning Section, Lifelong Learning Department Board of Education, Chikuma City Hall	Tokura Bldg., 2388 Tokura, Chikuma City, Nagano Pref. TEL: 026-273-1111 (Ext. 6341)	Mondays to Fridays: 8: 30 to 17: 15	*Japanese	
	Consumer&Environment Protection Section Consumer&Environment Protection Department Shimosuwa City Hall	4613-8 Shimosuwa-machi, Suwa-gun, Nagano Pref. TEL: 0266-27-1111(Ext. 143)	Mondays to Fridays: 8: 30 to 17: 15 (appointment only)	*Chinese	
	Welfare Section, Health and Welfare Department Takamori City Hall	Takamori City Hall 2183-1 Shimoichida, Takamori-machi, Shimonaka-gun, Nagano Pref. TEL: 0265-35-3111	Mondays to Fridays: 8:30 to 17:15	*Japanese	
	Project to establish a section of PR and consultation service for foreign residents Achi Town Office	483 Komaba, Achi-mura, Shimonaka-gun, Nagano Pref. TEL: 0265-43-2220	Tuesdays and Fridays: 18:00 to 19:00	*Chinese (Tuesdays and Fridays)	*Telephone or email consultati+H142:H147 also available.
	Multicultural symbiosis comprehensive consultation counter Shimojo City Hall	8801-1 Mutsuzawa, Shimojo-mura, Shimonaka-gun, Nagano Pref. TEL: 0260-27-2311	Mondays to Fridays: 8:30 to 17:15	*English	Email: sjshomu@vill-shimojo.jp+H142:H147

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Gifu	Gifu International Center	2nd floor, Gifu Chunichi Bldg., 1-12 Yanagase-dori, Gifu City, Gifu Pref. TEL: 058-263-8066	Mondays to Fridays: 9:30 to 16:30	English, Chinese, Portuguese, Tagalog and Vietnamese *Services in other languages may be supported by an outside interpreter over the phone.	*For more information, please visit <a href="http://www.gic.or.jp">http://www.gic.or.jp</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *Psychiatric counseling, consultation with administrative scriveners, and housing counseling are also provided on a regular basis (appointment only).
	Consultation counter for foreign residents	Multicultural Plaza, 1st floor, "Minna no Mori" Gifu Media Cosmos 40-5 Tsukasa-machi, Gifu City, Gifu Pref. TEL: 058-263-1741	10:00 to 16:00 (except for 12:00 to 13:00) *Service hours vary depending on the language Except for last Tuesdays of each month and the year-end through New Year holidays.	*English *Chinese (Tuesdays, Thursdays, Fridays and Saturdays) *Tagalog (Sundays to Fridays) *Portuguese (Wednesdays) 13:15 to 18:15	*For details, please visit <a href="http://www.ccn.aitai.ne.jp/">http://www.ccn.aitai.ne.jp/</a>
	Town Planning Promotion Section Ogaki City Hall	2-29 Marunouchi, Ogaki City, Gifu Pref. TEL: 0584-47-8562	Mondays to Fridays: 8:30 to 17:15	*English *Portuguese	*Telephone or email consultation services are also available.
	Consultation services for foreign residents on daily life affairs in Portuguese (Kakamigahara City)	International Exchange Salon, 1st floor, Industry and Culture Center, 186 Nakasakura-machi, Kakamigahara City, Gifu Pref. TEL: 058-383-1417	Mondays to Fridays: 9:00 to 17:00 (except for holidays)	*Portuguese *English	*For more information, please visit <a href="http://www.city.kakamigahara.lg.jp/life/soudan/001819.html">http://www.city.kakamigahara.lg.jp/life/soudan/001819.html</a>
	Overseas Strategy Division, Takayama City Hall	18 Hanaokamachi 2 Chome, Takayama City, Gifu Pref. TEL: 0577-35-3346	Mondays to Fridays: 8:15 to 17:15 (except for 12:00 to 13:00)	*English *Chinese	*You need to make an appointment for face-to-face consultation *Telephone consultation services are also available. *Email consultation services are also available.
	Sakahogi-cho Self-Support Center for foreign residents	46-18 Torikumi, Sakahogi-Cho, Kamo-gun, Gifu Pref. TEL: 0574-26-7111	Mondays to Fridays: 9:00 to 17:00 (except for 12:00 to 13:00)	*Portuguese	*You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *Email consultation services are also available. (email address: <a href="mailto:gaikokujinshien@town.sakahogi.lg.jp">gaikokujinshien@town.sakahogi.lg.jp</a> )
	Consultation counter for foreign residents (Kani City)	Hitozukuri Dept., Kani City Hall, 1 Hiromi 1 Chome, Kani City, Gifu Pref. TEL: 0574-62-1500	Mondays to Fridays: 9:00 to 17:00	*English *Portuguese *Filipino	*Telephone consultation services are also available.
	Consultation counter for foreigners (Kani City)	Kani Multicultural Symbiosis Center, 1185-7 Shimoedo, Kani City, Gifu Pref. TEL: 0574-50-8841	Mondays, Tuesdays, Thursdays, Fridays, Saturdays and Sundays: 9:00 to 18:00	*English *Portuguese *Filipino *Spanish (Saturdays: 9:00 to 18:00, and Mondays, Tuesdays, Thursdays and Fridays afternoon)	*For more information, please visit <a href="http://www.ctk.ne.jp/~frevia">http://www.ctk.ne.jp/~frevia</a> *Telephone consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Shizuoka	Shizuoka Assistance Center for Foreign Residents	2th floor, Mizu no Mori Bldg, 14-1, Minami-chou, Suruga-ku, Shizuoka City, Shizuoka Pref. TEL:054-204-2000 FAX:054-202-0932	Mondays to Fridays: 10:00 to 16:00 (except for national holidays and the year-end through New Year holidays)	*Portuguese: Tuesdays and Fridays *Filipino: Mondays and Fridays *English: Mondays, Wednesdays, Thursdays and Fridays *Chinese: Mondays and Wednesdays *Vietnamese: Tuesdays and Thursdays *Korean: Second and fourth Wednesdays *Spanish: Tuesdays and Fridays *Indonesian:Wednesdays and Thursdays	*For more information, visit <a href="http://www.sir.or.jp">http://www.sir.or.jp</a>  *You don't need to make an appointment for face-to-face consultation to be held at the center. *Telephone consultation services are also available. *Email consultation services are also available.  mail:sir07@sir.or.jp LineID:sirlinejpn01 Skype:siradviser Messenger ID:@adviser.shizuoka Facebook Account:Adviser Shizuoka
	One-Stop Center for consultation service on general matters for multicultural symbiosis (Hamamatsu City)	4th floor, Create Hamamatsu, 2-1 Hayauma-cho, Naka-ku, Hamamatsu City, Shizuoka Pref.	9:00 to 17:00 *Except for the year-end and New Year holidays (Dec. 29 through Jan. 3)	*Portuguese (Tuesdays to Sundays) *English (Mondays to Fridays) *Tagalog (Thursdays) *Chinese (Fridays) *Spanish (Sundays) *Vietnamese (Saturdays) *Services in other languages may also be available depending on the day.	*For more information, please visit <a href="http://www.hi-hice.jp/hmc/">http://www.hi-hice.jp/hmc/</a>
	Citizen Collaboration Section, Yaizu City Hall	16-32 Honmachi 2 Chome, Yaizu City, Shizuoka Pref. TEL: 054-626-2191	Mondays to Fridays: 8:30 to 17:00 (except for 12:00 to 13:00)	*Portuguese *Spanish (Mondays, Wednesdays, Thursdays and Fridays) *Tagalog: 8:30 to 16:00 *Visayan and English	*Telephone consultation services are also available. *We recommend you to make an appointment for face-to-face consultation.
	Yorozu consultation service, Fujieda City Hall	1-11-1 Okadeyama, Fujieda City, Shizuoka Pref. TEL: 054-643-3318	2nd and 4th Wednesdays: 10:00 to 12:00 and 13:00 to 15:00	Portuguese	*For more information, please visit <a href="https://www.city.fujieda.shizuoka.jp">https://www.city.fujieda.shizuoka.jp</a> *You don't need to make an appointment. (Reception hours: 9:30 to 12:00 and 13:00 to 14:00) *Telephone and email consultation services are not offered. .
	Ito International Association	2nd floor, Ota Bldg., 3-4 Matsukawa-cho, Ito City, Shizuoka Pref. TEL: 0557-32-4666	Mondays to Fridays: 10:00 to 17:00 (except for national holidays)	*English  *For services in other languages, we can arrange an interpreter, if you contact us in advance.	*For more information, please visit <a href="http://iairito.jp/">http://iairito.jp/</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *Email consultation services are also available. iair-pr@i-younet.ne.jp

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Shizuoka	Consultation service for foreigners Gotemba City Hall	Located in Citizens' Safety Dept., 483 Hagiwara, Gotemba City, Shizuoka Pref. TEL: 0550-82-8400	Mondays to Fridays: 9:00 to 17:00 (except for 12:00 to 13:00)	*Spanish *Portuguese	
	Fuji International Lounge for Sharing (FILS)	20-1 Fuji-cho, Fuji City, Shizuoka Pref. TEL: 0545-55-2704	Tuesdays to Fridays: 13:00 to 21:00 Saturdays and Sundays: 10:00 to 18:00	*Chinese (Tuesdays) *English (Wednesdays) *Filipino (Thursdays) *Spanish (Fridays and Sundays) *Portuguese (Saturdays and Sundays) *Services in other languages may also be available depending on the day.	*For more information, please visit <a href="https://www.city.fuji.shizuoka.jp/machi/c1103/fmervo00000012pt.html">https://www.city.fuji.shizuoka.jp/machi/c1103/fmervo00000012pt.html</a>
	Consultation desk for foreign residents Kikugawa City Hall	61 Horinouchi, Kikugawa City, Shizuoka Pref. TEL: 0537-35-0925	Tuesdays: 8:30 to 11:30	Portuguese	*Please call us in advance, if possible, if you want to receive a consultation. *Telephone or email consultations are also available.
	Citizen Affairs Section, Izu City Office	38-2 Kodachino, Izu City, Shizuoka Pref. TEL: 0558-72-9858	Tuesdays, Wednesdays and Thursdays: 9:00 to 17:00	*Japanese (Tuesdays, Wednesdays and Thursdays)	*You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	International Section, Local Self-governance Department, Planning Division Numazu City Hall	16-1 Miyuki-cho, Numazu City, Shizuoka Pref.	Mondays to Fridays: 8:30 to 17:15 (except for 12:00 to 13:00)	English, Chinese, Spanish and Portuguese	*You don't need to make an appointment for face-to-face consultation. *Telephone or email consultations are also available.



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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Shizuoka	Consultation counter for foreign residents, Lifestyle Consultation Section, Citizen Affairs Department Fujinomiya City Hall	150 Yumizawa-cho, Fujinomiya City, Shizuoka Pref. TEL: 0544-22-1246	Mondays to Fridays (except for Saturdays, Sundays, national holidays, and the year-end through New Year holidays) 8:30 to 17:00 (except for 12:00 to 13:00)	*Portuguese (Mondays to Fridays) *Spanish (Mondays to Fridays) *Japanese (Mondays to Fridays)	*Telephone consultation services are also available.
	Consultation counter for foreign residents Mishima City Hall	5-5 Chuo-cho, Mishima City, Shizuoka Pref. TEL: 055-983-2645	Mondays, Tuesdays, Thursdays and Fridays 8:30 to 17:15 (except for 12:00 to 13:00) Mondays to Fridays: 8:30 to 17:15	*Portuguese (Mondays, Thursdays) *Spanish (Tuesdays, Fridays) English, Chinese	*The section in charge is the International Exchange Room (TEL: 055-983-2645). *Portuguese and Spanish service are available at the Civic Life Consultation Center (4-47, Kitata-machi, Mishima City, Shizuoka Pref. TEL: 055-983-2621) on the 1st floor of the main building of the city hall.
	Citizens' Consultation Office, 1st floor (north side) Susono City Hall	1059 Sano, Susono City, Shizuoka Pref. TEL: 055-992-1111	Wednesdays: 9:00 to 12:00 (noon)	*Portuguese *Spanish	*For more information, please visit <a href="http://www.city.susono.shizuoka.jp/kurashi/5/1/3299.html">http://www.city.susono.shizuoka.jp/kurashi/5/1/3299.html</a> *You don't need to make an appointment for face-to-face consultation.
	NPO Kakegawa International Center	2nd floor terrace, Kakegawa City Hall 1-1 Nagaya 1 Chome, Kakegawa City, Shizuoka Pref.	Mondays to Fridays: 9:00 to 16:00 (except for 12:00 to 13:00)	*English (every day) *Portuguese (Mondays, Wednesdays, and Fridays) 10:00 to 15:30	*For more information, please visit <a href="http://kakegawa-life.com/">http://kakegawa-life.com/</a>

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Aichi	Aichi Multicultural Center	1st floor, Sannomaru Bldg., Aichi Prefectural Office, 6-1, Sannomaru 2 Chome, Naka-ku, Nagoya City, Aichi Pref. TEL: 052-961-7902	Mondays to Saturdays: 10:00 to 18:00	Portuguese (Mondays to Saturdays: 10: 00 to 18: 00) Spanish (Mondays, Wednesdays and Fridays: 13: 00 to 18: 00) English (Mondays to Saturdays: 13: 00 to 18: 00) Chinese (Mondays: 13: 00 to 18: 00) Filipino/Tagalog (Wednesdays: 13: 00 to 18: 00)	*For more information, please visit <a href="http://www2.aia.pref.aichi.jp/kyosei/j/index.html">http://www2.aia.pref.aichi.jp/kyosei/j/index.html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone or email consultations are also available.
	Consultation service in Portuguese Inazawa City Hall	Consulting Room, 1st floor, Inazawa City Hall, 1 Inabu-cho, Inazawa City, Aichi Pref. TEL: 0587-32-1125	1st and 3rd Fridays: 9:30 to 12:30	*Portuguese	<a href="http://www.city.inazawa.aichi.jp/kurashi_tetsuzuki/gaikoku/1001437.html">http://www.city.inazawa.aichi.jp/kurashi_tetsuzuki/gaikoku/1001437.html</a>
	Counseling Desk for Foreign Nationals, Komaki City Hall	Citizens Safety Dept., 2nd floor, Main Bldg., Komaki City Hall, 1 Horinouchi 3 Chome, Komaki City, Aichi Pref. TEL: 0568-72-2101 (Ext. 675-603)	Mondays to Fridays: 9:00 to 17:00 (except for 12:00 to 13:00)	*Portuguese *Spanish *English	*For more information, please visit <a href="https://www.city.komaki.aichi.jp/admin/shimin/life/tabunka/2/12796.html">https://www.city.komaki.aichi.jp/admin/shimin/life/tabunka/2/12796.html</a> *There are days when interpreters in charge are absent.
	General counter (1st floor, Citizen Affairs Counter), Takahama City Hall	1-2 Aoki-cho 4 Chome, Takahama City, Aichi Pref. TEL: 0566-52-1111	Mondays to Fridays: 8:30 to 17:00	*English *Portuguese *Services in other languages may be available depending on the day.	
	Consultation services in foreign language, Obu City Hall	70 Chuo-cho 5 Chome, Ohbu City, Aichi Pref. TEL: 0562-45-6219	13: 00 to 17: 00	*Portuguese (Wednesdays) Until 18:00 on 2nd and 4th Wednesdays *Chinese (2nd Wednesdays) *Vietnamese (4th Wednesdays)	The schedule may change. For more information, visit the Japan International Exchange Association website. <a href="https://oiaobuunei.wixsite.com/kokusai1">https://oiaobuunei.wixsite.com/kokusai1</a>
	Consultation counter for foreign residents, Inuyama City Hall	36 Higashihata, Inuyama, Inuyama City, Aichi Pref. TEL: 0568-44-0343	*Portuguese and Spanish (Fridays) *Chinese, English and Tagalog (basically on 1st Fridays) Hours: 13:00 to 16:30	*Portuguese, Spanish (Every Fridays) *Chinese, English and Tagalog (Basically on 1st Fridays) Hours: 13:00 to 16:30	*For more information, please visit <a href="https://www.city.inuyama.aichi.jp/kurashi/soudan/1000740.html">https://www.city.inuyama.aichi.jp/kurashi/soudan/1000740.html</a> *Telephone consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Aichi	(Public Interest Incorporated Association) Nagoya International Center	47-1 Nagono 1 Chome, Nakamra-ku, Nagoya City, Aichi Pref. TEL: 052-581-0100	Tuesdays to Sundays: 9:00 to 19:00	English: Tuesdays to Sundays 9:00 to 19:00 Portuguese: Tuesdays to Sundays 9:00 to 17:00 (except for 12:00 to 13:00) Spanish: Tuesdays to Sundays 9:00 to 17:00 (except for 12:00 to 13:00) Chinese: Tuesdays to Fridays 13:00 to 17:00 Saturdays and Sundays: 10:00 to 17:00 (except for 12:00 to 13:00) Korean: Thursdays, Saturdays and Sundays 13:00 to 17:00 Filipino: Thursdays, Saturdays and Sundays 13:00 to 17:00 Vietnamese: Wednesdays and Sundays 13:00 to 17:00 Nepali: Wednesdays 13:00 to 17:00	*For more information, please visit <a href="http://www.nic-nagoya.or.jp/japanese/nicnews/johosodan/johocounter">http://www.nic-nagoya.or.jp/japanese/nicnews/johosodan/johocounter</a>
	Fukura no Ie Konan City International Exchange Association	142-2 Furuwatari, Kochino-cho, Konan City, City, Aichi Pref. TEL: 0587-56-7390	Mondays to Fridays: 10:00 to 15:00 (except for 12:00 to 13:00)	*Chinese (Mondays and Tuesdays) *Portuguese (Tuesdays, Wednesdays, Thursdays and Fridays) *Spanish (Mondays and Thursdays) *Services in other languages may be available depending on the day.	*For more information, please visit <a href="http://konan-ksi.com/">http://konan-ksi.com/</a>
	Citizens' Consultation Section, Chiryu City Hall	2nd floor, Chiryu City Hall, 1 Hiromi 3 Chome, Chiryu City, Aichi Pref. TEL: 0566-83-1111(Ext.159)	Mondays to Fridays: 9:30 to 16:00 (except for 12:00 to 13:00)	*Portuguese	*For more information, please visit <a href="http://www.city.chiryu.aichi.jp/kurashi/sodan/1451813601920.html">http://www.city.chiryu.aichi.jp/kurashi/sodan/1451813601920.html</a> *Consultation on business of City Hall.
	Chiryu City Moyaiko House (Multicultural Symbiosis Center)	Room No. 3, Bldg. 3, Chiryu Housing Complex, 2 Showa 9 Chome, Chiryu City, Aichi Pref. *TEL: N/A	9:00 to 12:00 on Mondays 10:00 to 15:00 on Saturdays (except for 12:00 to 13:00)	*Portuguese (Mondays and Saturdays)	*For more information, please visit <a href="http://www.city.chiryu.aichi.jp/kurashi/foreigner/1451813615480.html">http://www.city.chiryu.aichi.jp/kurashi/foreigner/1451813615480.html</a> *Consultation on general matters on daily life affairs.
	Consultation counter on daily life for foreign residents Kariya City House	Citizen Safety Dept., Kariya City Hall, 1-1 Toyo-cho, Kariya City, Aichi Pref. TEL: 0566-62-1058	Mondays to Fridays: 8:30 to 17:00 (except for 12:00 to 13:00)  *Spanish: 9:00 to 15:00 (except for 12:00 to 13:00)	*Portuguese *English *Tagalog (Mondays, Tuesdays, Thursdays and Fridays) *Chinese (Tuesdays, Wednesdays, Thursdays and Fridays) *Spanish (Mondays, Wednesdays and Fridays)	*The service is limited to Kariya citizens. *For more information, please visit <a href="https://www.city.kariya.lg.jp/kurashi/kotsu/gaikokujin-sodan.html">https://www.city.kariya.lg.jp/kurashi/kotsu/gaikokujin-sodan.html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Aichi	International Affairs Division (Okazaki City)	2nd floor, Okazaki City Hall 2-9, Juo-cho Okazaki City, Aichi Pref. TEL:0564-23-6480	Mondays to Fridays: 8:30 to 17:15	*Portuguese(every day) *English(every day) *Chinese(every day until16:15) *Filipino(every day until16:15)	<a href="http://www.city.okazaki.lg.jp/1550/1556/282500/p019660.html">http://www.city.okazaki.lg.jp/1550/1556/282500/p019660.html</a>
	Libra International Community Center (Okazaki City)	3rd floor,71, 4-chōme, Kōsei-dōri nishi, Okazaki City, Aichi Pref. TEL0564-23-3148	Opening Hours/9:15am~5:00pm Closed/Wednesdays and the New Year period.	*English *Chinese *Spanish *Filipino	<a href="https://www.city.okazaki.lg.jp/1500/1506/p012191.html">https://www.city.okazaki.lg.jp/1500/1506/p012191.html</a>
	International Exchange Welcome Plaza	Located in Citizens Activity Support Center, 3rd floor, Owari- Ichinomiya Station Bldg., 1-2 Sakae 3 Chome, Ichinomiya City, Aichi Pref. *TEL: N/A	1st Sundays: 13:00 to 14:30	*English *Chinese *Tagalog *Italian	*For more information, please visit <a href="http://www.city.ichinomiya.aichi.jp/ia/1012168.html">http://www.city.ichinomiya.aichi.jp/ia/1012168.html</a> *You don't need to make an appointment for face-to-face consultation. *No telephone or email consultation services are offered.
	Consultation counter for foreign residents Chita City Hall	Citizens Consulting Room, Chita City Hall, 1 Midori-machi, Chita City, Aichi Pref. TEL: 0562-36-2648	Mondays and Tuesdays: 9:00 to 16:00 (except for 12:00 to 13:00) Thursdays and Fridays: 9:00 to 12:00 (noon)	*Portuguese (Mondays, Thursdays and Fridays) *Spanish (Tuesdays)	*For more information, please visit <a href="http://www.city.chita.lg.jp">http://www.city.chita.lg.jp</a> *You don't need to make an appointment. *Telephone consultation services are also available.
	Toyokawa Consultation Desk for Foreigners	1, 1-Chome Suwa, Toyokawa, Aichi 442-8601 Japan  0533-89-2158	Monday thru Friday 8:30 to 17:15	*Portuguese, Spanish, English, Chinese, Korean(Monday thru Friday), *Vienamese(9:00 to 17:15 Monday thru Friday) * Filipino, Thai, Nepali, Hindi, French, Russian (10:00 to 17:15 Monday thru Friday) * Indonesian(10:00 to 17:00 Monday and Friday)	*No appointment by phone is necessary for consultation * Consultation in Portuguese, Spanish and English is available (Monday thru Friday). Consultation in Chinese is available Monday (9:00-13:00) and Friday (13:00-17:00). * There is no consultation available, except Portuguese, Spanish, English and Chinese.
	Toyota City Multilingual Service Desk	Toyota City Hall, South Building, 1st floor 3-60, Nishimachi, Toyota City, Aichi Prefecture TEL: 0565-34-6626	Mondays to Fridays: 8:30 to 17:15	*English *Chinese *Korean *Portuguese *Spanish *Tagalog *Indonesian *Vietnamese *Nepali *Thai *Hindi *Russian *French	*Calls in English, Portuguese and Spanish are also accepted. * "Toyota City Multilingual Service Desk" is also available at 5 branch offices.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Mie	International Exchange Office, Suzuka City Citizens Relations Section	1-18-18 Kanbe, Suzuka City, Mie Pref.	Mondays to Fridays: 8:30 to 17:15 (Except for 12:00 to 13:00)	*Portuguese *Spanish *English *Chinese *Korean *Vietnamese (From 9:00) *Filipino (From 10:00) *Thai (From 9:00) *Russian (From 9:00) *French (From 10:00) *Nepali (From 10:00) *Hindi (From 10:00) *Indonesian (Mondays and Fridays only: From 10:00)	*For Portuguese and Spanish, on-staff interpreters will be present to participate in consultations. *Tablet devices will be used for interpretation of languages other than Portuguese and Spanish. These tablet devices can also be used for Portuguese and Spanish.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Shiga	Shiga Consultation Center for foreign residents	Located in Shiga Intercultural Association for Globalization, 1-1-20 Nionohama, Otsu City, Shiga Pref. TEL: 077-523-5646	Mondays to Fridays: 10:00 to 17:00	*Portuguese *Spanish *Tagalog (except for Fridays) *English (except for Fridays) *Vietnamese *Indonesian *Services in other languages may be available depending on the day.	*For more information, please visit <a href="http://www.s-i-a.or.jp/counsel">http://www.s-i-a.or.jp/counsel</a> *You don't need to make an appointment for face-to-face consultation. *You can also consult by telephone or via email/fax.
	Free private consultation counter for foreign residents (Ôtsu City)	Ôtsu International Exchange Salon <in AsutoHamaÔtsu> 2nd floor, AsutoHamaÔtsu, 1-1 HamaÔtsu 4 Chome, Ôtsu City, Shiga Pref. TEL: 077-524-4711	2nd Wednesdays: 17:30 to 19:30	Japanese	*You need to make an appointment by phone or via email ( <a href="mailto:info@oiga.jp">info@oiga.jp</a> ) *You need to be accompanied by an interpreter
	Consultation counter for foreign residents, Ritto City Hall	13-33 Anyouji 1 Chome, Ritto City, Shiga Pref. TEL: 077-551-0293	Wednesdays: 13:00 to 17:00	*Portuguese	*You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Human Rights Policy Department, Hikone City Office	4th floor, Hikone Station East Exit Temporary Bldg., 2-28 Daito-cho, Hikone City, Shiga Pref. TEL: 0749-30-6113	Mondays to Fridays: 8:30 to 17:15 (except for 12:00 to 13:00)	*English *Portuguese (8:30 to 19:00 on 1st and 3rd Thursdays) *Chinese (Tuesdays and Fridays)	*Telephone consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Kyoto	Kyoto Prefecture General Information Consultation Service for Foreign Residents	B1F , Mielparque Kyoto Building Shimogyo-ku , Kyoto 600-8126 TEL:075-343-9666	According to the opening day of the International Center(except for second and fourth Tuesday of every month , national holidays and the year-end/new year holidays): 10:00 to 17:00	*English *Chinese *Korean *Vietnamese *Thai *Portugese *Spanish	For details , refer to Kyoto Prefectural International Center website, <a href="https://www.kpic.or.jp/">https://www.kpic.or.jp/</a>
	Project for consultation services for foreign residents on administrative matters through interpreter (Kyoto City)	2-1 Awataguchi, Torii-cho, Sakyo-ku, Kyoto City, Kyoto Pref. TEL: 075-752-1166 (Dedicated number for inquiry on interpretation service) (Located in Kyoto International Community House)	Tuesdays to Fridays: 9:00 to 17:00	*English (Tuesdays and Thursdays) *Chinese (Wednesdays and Fridays)	*Interpreter counselors are available for face-to-face and telephone consultation. *Consultation services are provided by three-way calling with a public organization. *For details, please visit <a href="http://www.kcif.or.jp/">http://www.kcif.or.jp/</a>
	Consultation service for foreign residents on daily life affairs	2-1 Awataguchi, Torii-cho, Sakyo-ku, Kyoto City, Kyoto Pref. TEL: 075-752-3511 (Operations Dept., Kyoto International Community House)	During the opening days of the Kyoto Community House (Basically Tuesdays to Sundays): 9:00 to 21:00	English, Chinese, Korean, North Korean and others	*Our staff or volunteer interpreters will assist you.  For details, please visit <a href="http://www.kcif.or.jp/">http://www.kcif.or.jp/</a>
	Consultation service on visa and legal matters		2 times a month: 13: 30 to 16: 00 (Consulting time per person: approximately 30 minutes)	English and Chinese interpreters are available Negotiable for services in other languages.	Specialized consultation by attorneys and administrative scriveners are provided.  For details, please visit <a href="http://www.kcif.or.jp/">http://www.kcif.or.jp/</a>
	Free Counselling Day for non-Japanese		4 times a year: 13: 00 to 17: 00 (Consultation time per person: about 30 minutes or about 60 minuets for mental health counseling)	English and Chinese interpreters are available Negotiable for services in other languages.	Specialized consultation for legal, visa, tax, social insurance, pension, working conditions, and psychological distress  For details, please visit <a href="http://www.kcif.or.jp/">http://www.kcif.or.jp/</a>

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Osaka	Osaka Information Services for Foreign Residents	Located in Osaka Foundation of International Exchange (Public Interest Incorporated Foundation) 5th floor, MyDome Osaka, 2-5 Honmachibashi, Chuo-ku, Osaka City, Osaka Pref. TEL: 06-6941-2297	Mondays and Fridays: 9: 00 to 20: 00 Tuesdays, Wednesdays, and Thursdays: 9: 00 to 17: 30 2nd and 4th Sundays: 13: 00 to 17: 00	English, Chinese, Korean, Portuguese, Spanish, Vietnamese, Filipino, Thai, Indonesian and Nepali	*For more information, please visit <a href="http://www.ofix.or.jp/life/index.html">http://www.ofix.or.jp/life/index.html</a> *Telephone, email, fax consultation services are available. (in English, Japanese only). Or face-to-face consultation services are also available. *Consultations with administrative scriveners or lawyers are provided on 4th Sundays.
	Information Counter for Foreign Residents (Osaka City)	International House, Osaka-information Center 8-2-6 Uehonmachi Tennoji-ku Osaka City, Osaka Pref. TEL06-6773-8182	Mondays to Fridays 9:00 to 19:00 Saturdays, Sundays and holidays 9:00 to 17:30 (※(except for new year holidays)	(Interpreter support) English, Chinese, Korean, Vietnamese and Filipino  (Translation machine) English, Chinese, Korean, Vietnamese, Arabic, Italian, Indonesian, Dutch, Spanish, Thai, Danish, German, Hindi, Filipino etc. (Available in 30 languages)	For more information, please refer to <a href="http://www.ih-osaka.or.jp/">http://www.ih-osaka.or.jp/</a> *You can consult at your visit. *You can consult on the phone. *You can consult by email. *Phone and email consultations are only available in English, Chinese, Korean, Vietnamese and Filipino.
	Settsu City Consultation Services for Foreign National Residents	Regional Promotion Dept., 2nd floor, New Bldg., Settsu City Hall, 1-1-1 Mishima, Settsu City, Osaka Pref. TEL: 06-6383-1357	2nd Tuesdays: 10:00 to 12:00 (noon)	*Chinese	*For more information, please visit <a href="http://www.city.settsu.osaka.jp/soshiki/shiminseikatsubu/jichishinkouka/shiminsoudan/2678.html">http://www.city.settsu.osaka.jp/soshiki/shiminseikatsubu/jichishinkouka/shiminsoudan/2678.html</a> *You can make an appointment by phone on the day of consultation between 9:00 and 11:30 *Only face-to-face consultation services are available.
			Need an appointment by phone	*Portuguese	*For more information, please visit <a href="http://www.city.settsu.osaka.jp/soshiki/shiminseikatsubu/jichishinkouka/shiminsoudan/2678.html">http://www.city.settsu.osaka.jp/soshiki/shiminseikatsubu/jichishinkouka/shiminsoudan/2678.html</a> *You can make an appointment any time by phone.
Sakai International Plaza	5th floor, 1-4-24 Nakakawaramachi, Sakai City, Osaka Pref.	*Japanese and English 10:00 to 16:00 on Mondays to Fridays (except for 12:00 to 13:00) *Chinese 13:00 to 16:00 on Wednesdays 9:00 to 12:00 (noon) on Fridays *Korean and North Korean 9:00 to 12:00 (noon) on Tuesdays *Portuguese 13:00 to 16:00 on Mondays 9:00 to 12:00 (noon) on Fridays *Spanish 13:00 to 16:00 on Mondays 13:00 to 16:00 on Fridays	*Japanese *English *Chinese * *Korean * *Portuguese * *Spanish * *Consultation is provided via three-way calling system involving an interpreter.	*For more information, please visit <a href="https://www.city.sakai.lg.jp/shisei/kokusai/suishin/kyosei/seikatsu/seikatsu_sodan.html">https://www.city.sakai.lg.jp/shisei/kokusai/suishin/kyosei/seikatsu/seikatsu_sodan.html</a> *You don't need to make an appointment. *Telephone or email consultation services are also available.	



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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Osaka	Administrative information and consultation desk for foreign residents Toyonaka City Hall	Human Right Policy Dept., 5th floor, Bldg. No. 1, Toyonaka City Hall, 1-1 Nakasakurazuka 3 Chome, Toyonaka City, Osaka Pref. TEL: 06-6858-2730	Weekdays: 10: 00 to 16: 00	English: Mondays, Tuesdays, Thursdays and Fridays Chinese: Wednesdays *Services in other languages can be provided. (Need an appointment)	Information and consultation service regarding public administration.
	Consultation desk on daily life affairs and international exchange for foreign residents Toyonaka City Hall	Toyonaka International Center, 6th floor, 1-1 Tamai-cho 1 Chome, Toyonaka City, Osaka Pref. TEL: 06-6843-4343	Fridays: 11: 00 to 16: 00	Japanese, English, Chinese, Korean, Filipino, Thai, Vietnamese, Indonesian, Spanish, Portuguese and Nepali	Consultation services on daily life affairs to be provided by outsourced contractors.
	Consultation services for foreign residents (in Vietnamese) Yao City Hall	Yasunaka Human Right Community Center, 8-5-30 Yasunaka-cho, Yao City, Osaka Pref. TEL: 072-922-323	Mondays, Tuesdays, Thursdays, and Fridays 9:00 to 17:00 (except for Saturdays, Sundays, national holidays and the year-end and New Year holidays) ※ Need an appointment	Vietnamese	*please visit <a href="https://www.city.yao.osaka.jp/0000025084.html">https://www.city.yao.osaka.jp/0000025084.html</a> for more information *Need an appointment for face-to-face consultation.
	Consultation services for foreign residents Yao City Hall	Katsura Human Right Community Center, 2-37 Katsura-cho, Yao City, Osaka Pref. TEL: 072-922-3232	Wednesdays: 9:00 to 17:00 (except for national holidays and the year-end through New Year holidays) ※ Need an appointment	*Chinese *Korea	*For more information, please visit <a href="https://www.city.yao.osaka.jp/0000025084.html">https://www.city.yao.osaka.jp/0000025084.html</a> *Appointment only for face-to-face consultation.
	Consultation services for foreigners on daily life affairs Yao City Hall	YAO International Center, (Located in Yao City Lifelong Learning Center, 5-85-16 Asahigaoka, Yao City, Osaka Pref.) TEL: 072-924-3331	Tuesdays to Fridays and Sundays 8:45 to 17:00 (except for national holidays and the year-end through New Year holidays)	If you want to receive a consultation in languages other than Japanese, please call us before you come.	*For more information, please visit <a href="https://www.city.yao.osaka.jp/0000025084.html">https://www.city.yao.osaka.jp/0000025084.html</a> *You need to make an appointment for face-to-face consultation.
	Consultation services for foreign residents on bureaucratic procedures Yao City Hall	Yao City Hall, 1-1-1 Honmachi, Yao City, Osaka Pref. TEL: 080-2454-7069 (Chinese) 080-2454-9149 (Vietnamese)	Mondays to Fridays: 9:00 to 17:00 (except for national holidays and the year-end through New Year holidays) *“Appointment” is given priority.	*Chinese *Vietnamese	*For more information, please visit <a href="https://www.city.yao.osaka.jp/0000025084.html">https://www.city.yao.osaka.jp/0000025084.html</a> *You need to make an appointment for face-to-face consultation.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Osaka	Minoh City Multilingual Consultation	5-2-36 Onoharanishi Minoh City Minoh Multicultural Center TEL: 072-727-6912	Tuesday 11:00am-2:30pm	*English *Chinese *Korean *Tagalog *Vietnamese (Tagalog and Vietnamese 2nd & 4th Tuesdays only)	For more information, visit <a href="https://mafga.or.jp/en/ability/individual/ab_talk/">https://mafga.or.jp/en/ability/individual/ab_talk/</a> How to consult: office visit or call (Please call us before your visit.)
	Multicultural Symbiosis Information Plaza Higashiosaka City Hall	12th floor, 1-1-1 Aramotokita, Higashiosaka City, Osaka Pref. TEL: 06-4309-3155	Mondays to Fridays: 10:0 to 17:30 (except for 12:00 to 12:45)	*English *Korean *Chinese *Services in other languages may be supported by the translation apps.	*You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Ikeda Multicultural Center Foreign Residents Counselling Corner	2nd floor of the General Health & Welfare Center 3-1-40, Jyonan Ikeda City, Osaka Pref. TEL072-735-7588	Mondays to Fridays: 9:00 to 17:00	• English : Everyday • Korean : (Tuesday, Thursday, Friday, Saturday) • Indonesian : Monday 9:00 ~ 12:00 • Chinese : Tuesday 9:00 ~ 12:00 Other languages are available with a translator.	*For more information, visit <a href="https://www.facebook.com/ikedamulticulturalcenter">facebook.com/ikedamulticulturalcenter</a> *Please come directly without making a reservation.
	(Specified nonprofit corporation) Neyagawa city International Exchange & Friendship Association.	1st floor, Neyagawa Civic Hall, 41-1 Hada-cho, Neyagawa City, Osaka Pref. TEL: 072-811-5935	Tuesdays and Saturdays: 13:00 to 17:00	*English *Negotiable for services in other languages.	*Face-to-face and telephone consultation services are available. *Any foreigners who live, work or study in the city are eligible.
	Regional Internationalization Support Program, Matsubara City Hall	Civic Collaboration Dept., 5th floor, Matsubara City Hall, 1-1-1 Ao, Matsubara City, Osaka Pref. TEL: 072-337-3103	Mondays to Fridays: 9:00 to 17:30	*Chinese (Mondays, Wednesdays and Thursdays: 10:00 to 15:00) *Spanish (Mondays, Wednesdays: 10:00 to 15:00) *Services in other languages may be available depending on the day.	*For more information, please visit <a href="https://www.city.matsubara.lg.jp/bunka/chiiki/5448.html">https://www.city.matsubara.lg.jp/bunka/chiiki/5448.html</a> *You need to make an appointment for face-to-face consultation.
	Citizen Collaboration Section Habikino City	4-1-1 Konda, Habikino City, Osaka Pref. TEL: 072-958-1111 (Ext. 1050/1060)	Mondays to Fridays: 9:00 to 17:00 (Except for 12:00 to 12:45)	*Interpretation apps are used for English, Chinese, Korean, and other languages. *Services in other languages are also supported by interpretation apps.	*Appointments are not necessary for consultations in person. *We also accept consultations by email.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Hyogo	Hyogo Multicultural Counseling Center. (Information center for foreign residents)	6th, Kobe Crystal Tower, 1-1-3 Higashikawasaki-cho, Chuo-ku, Kobe City, Hyogo Pref. TEL: 078-382-2052	Mondays to Fridays (except for national holidays): 9:00 to 17:00	English, Chinese, Portuguese and Spanish (Face-to-face consultation with consultants. Email and telephone consultation are also available.) Vietnamese, Korean, Tagalog, Indonesian, Thai and Nepalese (Face-to-face consultation only using the interpretation apps.)	For more information, please visit <a href="https://www.hyogo-ip.or.jp/shisetsuannai/infocenter/index.html">https://www.hyogo-ip.or.jp/shisetsuannai/infocenter/index.html</a>
	Hyogo Multicultural Counseling Center. (NGO Network for Foreigners' Assistance KOBE)	Catholic Church of the Holy Spirit, 1-28-7 Nakayamate-dori, Chuo-ku, Kobe City, Hyogo Pref. TEL: 078-232-1290	Saturdays and Sundays: 9:00 to 17:00	English, Chinese, Portuguese and Spanish Face-to-face consultation with consultants. Email and telephone consultation are also available.) Vietnamese, Korean, Tagalog, Indonesian, Thai and Nepalese (Face-to-face consultation only using the interpretation apps.)	For more information, please visit <a href="http://gqnet.webcrow.jp/">http://gqnet.webcrow.jp/</a>
	Kobe International Community Center	2nd floor, Kobe Commerce, Industry and Trade Center Bldg., 5-1-14 Hamabe-dori, Chuo-ku, Kobe City, Hyogo Pref. TEL: 078-291-8441	Mondays to Fridays 10:00 to 17:00 (except for 12:00 to 13:00) Telephone consultation services are available from 9:00	*English *Chinese *Spanish (Tuesdays and Thursdays) *Portuguese (Thursdays) *Vietnamese (Mondays and Wednesdays) *Filipino (Wednesdays) *Korean (Fridays)	*For more information, please visit <a href="http://www.kicc.jp/kicc/index.html">http://www.kicc.jp/kicc/index.html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	Takasago International Association	1-1-1 Chidori, Arai-cho, Takasago City, Hyogo Pref. TEL: 079-443-9132	Mondays to Fridays: 9:00 to 17:00 (except for 12:00 to 13:00)	*English	*For more information, please visit <a href="http://tia.world.coocan.jp">http://tia.world.coocan.jp</a>
	Foreign Nationals Advice Center Himeji City	Citizens Advice Center, 1F, Himeji City Hall Main Building, 4-1, Yasuda, Himeji City, Hyogo Pref. TEL: 079-221-2107	Mondays to Fridays: 9:00 to 17:00 (except for 12:00 to 13:00)	*Vietnamese (Mondays: 13:20 to 17:20) *Chinese, Spanish, Portuguese (Tuesdays: 13:00 to 16:00) *Japanese, English, French (Mondays through Fridays) *If you are seeking advice in a language not spoken by any of our advisers, we will use a translator machine (capable of translating over 11 languages) to provide advice over the counter.	

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Hyogo	Himeji City consultation service in Vietnamese	Mondays: Citizen Consulting Center, 1st floor, Himeji City Hall, 1 Yasuda 4 Chome, Himeji City Tuesdays: Jotomachi General Center 122-2 Joto-machi, Himeji City Wednesdays: Takagi General Center 553-2 Ogawa, Hanada-cho, Himeji City Thursdays: Mino no Sato Exchange Hall 964-5 Mino, Shigo-cho, Himeji City Firdays: Consulting room, 4th floor, Egret Himeji 68-290 Honmachi, Himeji City  TEL: 080-6158-4445	Mondays: 13:20 to 17:20  Tuesdays to Fridays: 13:00 to 17:00	*Vietnamese	*Please make an appointment in advance, if possible. *Telephone consultation services are also available. *Only within the appointed time for telephone consultation. *There may be days when consultation services are not provided on scheduled days of the week.
	Shio-Ashiya Exchange Center	7-1 Kaiyo-cho, Ashiya City, Hyogo Pref.	9:00 to 17:30 Closed on Wednesdays and the year-end and New Year holidays (December 28 through January 4).	*English *Chinese and Korean (9:00 to 17:00 on Saturdays and Sundays) *Spanish (Only on the days when the staff in charge is available)	*For more information, please visit <a href="https://www.ashiya-sec.jp/index.html">https://www.ashiya-sec.jp/index.html</a> *You don't need to make an appointment for face-to-face consultation to be held at the library. *Telephone consultation services are also available. *Email consultation services are also available.
	Takarazuka City free consultation service to foreigners who are seeking help.	Takarazuka International and Cultural Center 3rd floor, Sunviola Ichibankan 2-14-1-3 Minamiguchi, Takarazuka City, Hyogo Pref. TEL: 0797-71-7633 or 0797-76-5917	Mondays to Fridays (except for Wednesdays) 10:00 to 12:00 (noon) Saturdays: 10:00 to 12:00 and 13:00 to 15:00	*English *Services in other languages may be available depending on the day. (Negotiable for services in languages other than English.)	*For more information, please visit <a href="http://www.city.takarazuka.hyogo.jp/_res/projects/default_project/_page_001/001/927/01040108000000-se.pdf">http://www.city.takarazuka.hyogo.jp/_res/projects/default_project/_page_001/001/927/01040108000000-se.pdf</a>
	Consultation services on daily life affairs for foreign residents, Takarazuka City Hall	Located in Takarazuka City Hall, 1-1 Toyo-cho, Takarazuka City, Hyogo Pref. TEL: 0797-77-2009	1st Tuesdays of even-numbered months: 13:00 to 16:00	*English *Please contact us, as it is negotiable about the consultation day and the language to be used.	*You need to make an appointment (by phone or at the service counter)
	Consultation service for foreign residents on daily life affairs, Collaboration Department, in cooperation with Regional Promotion Division, Inagawa Town Office	2nd floor, Town Office Bldg. No. 2, 11-1 Ueno Kitabatake, Inagawa-cho, Kawabe-gun, Hyogo Pref. TEL: 072-766-8783	Mondays and Wednesdays to Fridays: 9:00 to 16:00 (except for 12:00 to 13:00)	*English	*For more information, please visit <a href="https://www.town.inagawa.lg.jp/soshiki/tiikishinkou/sankaku/kurashi/soudan/1416291043365.html">https://www.town.inagawa.lg.jp/soshiki/tiikishinkou/sankaku/kurashi/soudan/1416291043365.html</a> *You need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *Email consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Nara	Comprehensive consultation counter for foreign residents (Nara Prefecture International Citizens Center)	2nd floor, Silkia Nara, 8-1 Sanjohonmachi, Nara Pref. TEL: 0742-81-3420	Mondays to Fridays: 9:00 to 17:00 (except for 12:00 to 13:00)	English Chinese (Tuesdays and Thursdays) Portuguese (Mondays, Wednesdays and Fridays) *For services in other languages, please contact us.	*For more information, please visit <a href="http://www.pref.nara.jp/31640.htm">http://www.pref.nara.jp/31640.htm</a> *Telephone consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Wakayama	Wakayama International Exchange Association	8th floor, Wakayama Big Ai 2-1-2 Tebira, Wakayama city, Wakayama Pref. TEL: 073-435-5240	Every day except for Wednesdays, national holidays and the year-end through New Year holidays 10:00 to 18:30	*English and Chinese (10:00 to 17:00) *Filipino (Mondays, Thursdays, Saturdays and Sunday: 10:00 to 16:00)	*URL of the Center <a href="http://www.wak-kokusai.jp/index">http://www.wak-kokusai.jp/index</a> *You need to make an appointment by phone or via email for face-to-face consultation.
	Tanabe City International Exchange Center	23-1 Takao 1 Chome, Tanabe City, Wakayama Pref. TEL: 0739-26-4908	Mondays to Fridays: 8:30 to 17:15 (except for 12:00 to 13:00)	*English (except for Tuesdays, and Fridays afternoon)	*For more information, please visit <a href="http://www.city.tanabe.lg.jp/shougai/suishin/kokusaikouryu/index.html">http://www.city.tanabe.lg.jp/shougai/suishin/kokusaikouryu/index.html</a> *You need to make an appointment for face-to-face consultation *Email consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Tottori	The headquarters of (Public Interest Incorporated Foundation)Tottori Prefectural International Exchange Foundation (Eastern part of Tottori Pref. )	3rd floor, Kenmin Fureai Kaikan, 21 Ougi-machi, Tottori City, Tottori Pref. TEL: 0857-51-1165	Mondays to Fridays: 9: 00 to 18: 00 Saturdays and Sundays: 9: 00 to 17: 30 *Closed on national holidays and the year-end through New Year holidays	*English (Mondays, Thursdays and Fridays) *Chinese (Mondays to Fridays) *Vietnamese (Wednesdays)	*For more information, please visit <a href="http://www.torisakyu.or.jp/ja/">http://www.torisakyu.or.jp/ja/</a> *You don't need to make an appointment for face-to-face consultation. *Telephone and email consultations are also available. *You can also have a consultation on the website of the Foundation using "multilingual consultation form" (11 Languages Supported)
	Kurayoshi Office of (Public Interest Incorporated Foundation)Tottori Prefectural International Exchange Foundation (Central part of Tottori Pref. )	Annex of Central Tottori General Office, 2 Higashi-iwaki-cho, Kurayoshi City, Tottori Pref. TEL: 0858-23-5931	Mondays to Fridays: 8: 30 to 17: 15 *Closed on: national holidays and the year-end through New Year holidays.	*Chinese (Wednesdays) *Vietnamese (Fridays)	
	Yonago Office of (Public Interest Incorporated Foundation)Tottori Prefectural International Exchange Foundation (Western part of Tottori Pref. )	Yonago Convention Center, 294 Suehiro-cho, Yonago City, Tottori Pref. TEL: 0859-34-5931	Mondays to Fridays and Sundays: 9: 00 to 17: 30 *Closed on: Saturdays, national holidays and year-end through New Year holidays.	*Chinese (Tuesdays, Wednesdays and Thursdays) *Vietnamese (Mondays)	
	Consultation Counter, General Affairs Dept., Kotoura Town Office	591-2 Tokuman, Kotoura-cho, Tohaku-gun, Tottori Pref.			We are ready to provide consultation services if requested by foreign residents.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Shimane	Shimane Multicultural General Consultation "One-Stop Center"	369-1 Higashitsuda-cho, Matsue City, Shimane Pref. TEL: 0852-31-5056	Mondays to Fridays: 9:00 to 17:00	*English (Mondays to Thursdays) *Tagalog (Mondays to Thursdays) *Chinese (Tuesdays to Fridays) *Portuguese (Mondays, Tuesdays, Thursdays and Fridays) *Vietnamese (Mondays, Tuesdays, Wednesdays and Fridays)	*For more information, please visit <a href="https://www.sic-info.org">https://www.sic-info.org</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.
	International Exchange Section, Matsue City Hall	86 Suetsugu-cho, Matsue City, Shimane Pref. TEL: 0852-55-5175	Mondays to Fridays: 9:00 to 17:00	*English *Chinese *Korean *French	Services in some languages are not always available.



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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Okayama	Okayama Prefectural Consultation Counter for foreign residents	1st floor, Okayama International Center 2-2-1 Houkan-cho, Kita-ku, Okayama City, Okayama Pref. TEL: 086-256-6052	Mondays to Saturdays: 9:00 to 17:00	*Japanese and English *Chinese (1st and 3rd Saturdays, 2nd and 4th Wednesdays: 13:00 to 17:00) *Portuguese (1st and 3rd Saturdays, 2nd and 4th Wednesdays: 13:00 to 17:00) *Vietnamese (1st to 3rd Saturdays: 13:00 to 17:00) *Tagalog (1st Saturdays, 4th Wednesdays: 13:00 to 17:00 ※ Telephone consultation only : 10:00 to 14:00 on 3rd Thursdays) *Korean (2nd Wednesdays: 13:00 to 17:00 ※ Telephone consultation only : 13:00 to 17:00 on 4th Wednesdays) *Services in other languages may also be available depending on the day.	*For more information, please visit <a href="http://www.opief.or.jp/">http://www.opief.or.jp/</a> *You don't need to make an appointment for face-to-face consultation. *Telephone or email consultation services are also available.
	Resident Welfare Section, Shinjo Village Office	1st floor, Okayama Sousei Center, 2008-1, Shinjo-son, Maniwa-gun, Okayama Pref. TEL: 0867-56-2646	Mondays to Fridays: 9:00 to 17:00 (except for 12:00 to 13:00)	*English, Chinese and Portuguese *Korean, Vietnamese, Spanish ※Consultation services will be supported by the Call Center of the Ministry of Internal Affairs and Communications (multilingual interpretation service)	Only face-to-face consultation services are available at our office.
	Consultation counter for foreign residents Okayama City Hall (International Division)	2nd floor, Main Bldg., Okayama City Hall 1-1 Daiku 1 Chome, Kita-ku, Okayama Pref. TEL: 086-803-1112	Mondays to Fridays (except for national holidays and December 29 through January 3) 9:00 to 17:00 (except for 12:00 to 13:00)	English Chinese Korean	*For more information, please visit <a href="http://www.city.okayama.jp/shimin/kokusai/kokusai_s00103.html">http://www.city.okayama.jp/shimin/kokusai/kokusai_s00103.html</a>

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Okayama	Okayama City Consultation Counter for foreign residents (Friendship Exchange Salon)	4th floor, Nishigawa Ai Plaza 10-16 Saiwai-cho, Kita-ku, Okayama Pref. TEL: 086-234-5882	Tuesdays to Sundays [except for national holidays (if it falls on a Monday, the following day), 2nd Sundays and December 28 through January 4] Tuesdays to Fridays: 10:00 to 20:00 Saturdays and Sundays: 10:00 to 18:00	English Chinese Korean	*For more information, please visit <a href="http://www.city.okayama.jp/shimin/kokusai/kokusai_s00103.html">http://www.city.okayama.jp/shimin/kokusai/kokusai_s00103.html</a>
	Okayama City General Consultation Counter for Foreign Residents	1st floor, Main Bldg., Okayama City Hall, 1-1 Daiku 1 Chome, Kita-ku, Okayama Pref. TEL: N/A	Mondays to Fridays (Except for national holidays and December 29 through January 3) 9:00 to 16:00	English Chinese Vietnamese (Scheduled to be available in the future)	Scheduled to open in 2019.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Hiroshima	Hiroshima City General Consultation Counter for Foreign Residents	6th floor, Hiroshima Crystal Plaza, 8-18 Naka-machi, Naka-ku, Hiroshima City, Hiroshima Pref. TEL: 0120-783-806 (toll free) or 082-541-3888 (pay phone)	Mondays to Fridays: 10:00 to 19:00 (except for 12:00 to 13:00) Saturdays: 9:30 to 18:00 (except for 12:00 to 13:00) *Thursdays and Saturdays: Legal experts including administrative scriveners, social insurance and labor consultants, etc. will offer consultation on residence status and working conditions. 10:00 to 16:00 (except for 12:00 to 13:00)	Face-to-face consultation services *English (Mondays to Saturdays) *Tagalog, Chinese and Vietnamese (Thursdays and Saturdays) *Korean (Thursdays) *Telephone and Tablet Consultation services (Mondays to Saturdays) (English, Chinese, Korean, Tagalog, Vietnamese, Indonesian, Thai, Spanish, Portuguese and Nepali)	*You need to make an appointment for face-to-face consultation *Telephone or email consultation services are also available.
	Consultations counter for foreign residents Kure International Center	1st floor, Kure City Hall, 4-1-6 Chuo, Kure city, Hiroshima Pref. TEL: 0823-25-5604	Mondays to Fridays: 9: 00 to 17: 30 Saturdays and Sundays: 10: 00 to 18: 00 *As consultation days vary depending on the language, please contact us beforehand.	*English (Mondays to Fridays and Sundays) *Portuguese (Tuesdays to Thursdays and Saturdays) *Services in other languages may also be available depending on the day.	*Telephone consultation services are also available. *For more information, visit <a href="http://www.city.kure.lg.jp/soshiki/31/shisei/100217-0100.html">http://www.city.kure.lg.jp/soshiki/31/shisei/100217-0100.html</a> .
	Consultation services in foreign languages (In the Citizens' Consultation Section)	3-5 Higashisakura-machi, Fukuyama City, Hiroshima Pref. TEL: 084-928-1125(English, Portuguese and Spanish) 084-928-1211(Chinese)	Mondays to Fridays: 9:00 to 16:00 *9:00 to 16:00 for English, Portuguese and Spanish (except for 13:00 to 14:00) and 8:30 to 15:30 for Chinese (except for 12:00 to 13:00)	*English *Spanish *Portuguese *Chinese	*For more information, please visit <a href="https://www.city.fukuyama.hiroshima.jp/soshiki/shiminsoudan/1034.html">https://www.city.fukuyama.hiroshima.jp/soshiki/shiminsoudan/1034.html</a>   *You don't need to make an appointment for face-to-face consultation. ※We recommend you to make an appointment by phone for consultation services in Chinese. *Telephone or email consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Hiroshima	Life consultation corner for foreign citizens of Hiroshima City	1st floor, International Conference Center, Hiroshima (in the International Exchange Lounge) 1-5 Nakajima-cho, Naka-ku, Hiroshima City, Hiroshima Pref. TEL: 082-241-5010	Mondays to Fridays: 9:00 to 16:00	*Chinese, Portuguese and Spanish *Services in other languages are provided with the cooperation of volunteer interpreters, etc., to the extent possible.	*For more information, please visit <a href="http://www.pcf.city.hiroshima.jp/ircd/consultation/Consultation-Service-for-Residents-of-Hiroshima-City-japanese.html">http://www.pcf.city.hiroshima.jp/ircd/consultation/Consultation-Service-for-Residents-of-Hiroshima-City-japanese.html</a> *Telephone and email consultation services are also available.
	Consultation service in foreign languages (Matsunaga Citizen's Service Division)	3-1-29 Matsunaga-cho, Fukuyama City, Hiroshima Pref. TEL: 084-930-0780	Mondays to Fridays: 9:00 to 17:15 *English: 10:15 to 17:15 (except for 13:00 to 14:00) Portuguese: 9:00 to 16:00 (except for 12:00 to 13:00)	*English *Portuguese	*For more information, please visit <a href="https://www.city.fukuyama.hiroshima.jp/soshiki/shiminsoudan/1034.html">https://www.city.fukuyama.hiroshima.jp/soshiki/shiminsoudan/1034.html</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *Email consultation services are also available.
	Higashihiroshima City Communication Corner	Higashihiroshima Citizens' Culture Center Saijo Nishihonmachi, Higashihiroshima City, Hiroshima Pref. TEL: 082-423-1922	Mondays to Sunday: 9:00 to 17:00	*English (Mondays, Fridays and Sundays: 13:00 to 17:00) (Tuesdays, Wednesdays and Thursdays: 9:00 to 17:00) (Saturdays: 9:00 to 13:00) *Chinese (Mondays, Tuesdays, Fridays and Sundays: 9:00 to 13:00)(Thursdays and Saturdays: 13:00 to 17:00) *Portuguese (Wednesdays, Thursdays and Saturdays: 9:00 to 13:00) *Vietnamese (Sundays: 13:00 to 17:00)	*For more information, please visit <a href="http://www.hhface.org/corner/jp.html">http://www.hhface.org/corner/jp.html</a> *Telephone or email consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Yamaguchi	Yamaguchi consultation center for foreign residents	3rd floor, (Public Interest Incorporated Foundation) Yamaguchi International Exchange Association 1-7 Mizunoue-cho, Yamaguchi City, Yamaguchi Pref. TEL: 083-995-2100	Tuesdays to Saturdays: 8:30 to 17:15 (except for 12:00 to 13:00)	*Chinese (Tuesdays and Thursdays) *Tagalog (Tuesdays and Thursdays) *English (Wednesdays and Fridays) *Vietnamese (Wednesdays and Fridays) ※Services in other languages may also be provided using interpretation apps.	*For more information, please visit <a href="https://www.yiea.or.jp/">https://www.yiea.or.jp/</a> *You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Tokushima	Tokushima International Strategies Center	1-61 Terashimahoncho Nishi, Tokushima City, Tokushima Pref. TEL: 088-656-3303	Mondays to Sundays (except for the year-end through New Year holidays) 10:00 to 18:00	English, Chinese and Vietnamese (Vietnamese: 10:00 to 14:00 on Mondays to Fridays)	*For more information, please visit <a href="https://www.topia.ne.jp">https://www.topia.ne.jp</a> *You don't need to make an appointment for face-to-face consultation. *Telephone or email consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Kagawa	Consultation counter on matters regarding foreign workers (Kagawa Prefecture)	6th floor, East Bldg., Kagawa Prefectural Office 1-10, Bancho 4 Chome, Takamatsu City, Kagawa Pref. TEL: 087-832-3400	Mondays to Fridays (except for Saturdays, Sundays and national holidays) 8:30 to 17:15	*Services in foreign languages will be provided using translations apps.	*We Provide consultation for foreign residents on employment and working.
	Kagawa Counseling and Support Center for foreign nationals	2nd floor, Kagawa International Exchange Center (I-PAL Kagawa), 11-63, Bancho 1 Chome, Takamatsu City, Kagawa Pref. TEL: 087-832-0411	Tuesdays to Sunday: 9:00 to 16:00	*English, Chinese, Korean, Vietnamese, Tagalog, Indonesian, Spanish, Portuguese, Khmer, Myanmar, Nepalese, etc.	*For more information, please visit <a href="http://www.i-pal.or.jp/soudan">http://www.i-pal.or.jp/soudan</a> *Telephone or email consultation services are also available.

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Ehime	Ehime Prefectural International Center	1-1 Dogo Ichiman, Matsuyama City, Ehime Pref. TEL: 089-917-5678	Mondays to Saturdays: 9:00 to 17:00 *Except for national holidays and December 29 through January 3.	*English *Chinese (Tuesdays and Saturdays) *Korean (Wednesdays and Thursdays) ※Services in other languages may also be provided using interpretation apps.	*For more information, please visit <a href="https://www.epic.or.jp/index.php">https://www.epic.or.jp/index.php</a> *As there may be days when the counselor is not available, please contact us before you visit us. *Telephone or email consultation services are also available.
	Imabari City International Exchange Association	1st floor, Annex 3, Imabari City Hall 2-5-1 Minamidaimon-cho, Imabari City, Ehime Pref. TEL: 0898-34-5763	Mondays to Fridays 8:30 to 17:15 (except for 12:00 to 13:00) 1st Saturdays 13:00 to 17:15 1st Sundays 8:30 to 17:15 *As the consultation schedule on Saturdays or Sundays might be changed, please confirm in advance.	*English and Chinese	*URL of the Association <a href="http://icieajp/">http://icieajp/</a> *You need to make an appointment for face-to-face consultation *Telephone or email consultation services are also available.
	Niihama International Association	1st floor, Annex of the Niihama Citizen Culture Center 8-65 Shigemoto-cho, Niihama, Ehime Pref. TEL: 0897-65-1579	Tuesdays to Saturdays: 12:00 to 18:00	*English *Chinese	



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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Kochi	Kochi Consultation Center for Foreign Residents	1st floor, Marunouchi Bldg., 4-1-37 Honmachi, Kochi City, Kochi Pref. TEL: 088-821-6440	Mondays to Saturdays (except for Sundays, national holidays and the year-end through New Year holidays)	English, Chinese, Korean, Tagalog, Vietnamese, Indonesian, Thai, Spanish, Portuguese, Nepali, Myanmar and Khmer ※Services in other languages may also be provided using interpretation apps. or interpreting telephone service.	*Telephone consultation services are also available. *For email consultation, please visit our website. A consultation request can be accepted only with query form which is posted in ( <a href="https://kccfr.jp">https://kccfr.jp</a> )

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Fukuoka	Kokusai Hiroba (free legal consultation services for foreign nationals) (Public Interest Incorporated Foundation) Fukuoka International Exchange Foundation	3rd floor, ACROS Fukuoka, 1-1-1 Tenjin, Chuo-ku, Fukuoka City, Fukuoka Pref. TEL: 092-725-9200	Every day (except for year-end through New Year holidays) 10:00 to 19:00	*English, Chinese, and Korean (Negotiable for services in other languages.)	*Face-to-face, telephone and email consultation are all available. . Email: info@kokusaihiroba.or.jp *In addition, specialized consultation services are offered in cooperation with Certified Administrative Procedures Legal Specialist Associations and Legal Affairs Bureaus. *For more information, please visit <a href="https://www.kokusaihiroba.or.jp/project/information/consultation.html">https://www.kokusaihiroba.or.jp/project/information/consultation.html</a>
	Fukuoka City Consultation Support Center for Foreign Residents	1st floor, Fukuoka International Hall, 4-1 Tenya-machi, Hakata-ku, Fukuoka City, Fukuoka Pref. TEL: 092-262-1799	Mondays to Fridays (except for national holidays and December 29 through January 3) 8:45 to 18:00	1 English, 2 Chinese, 3 Korean, 4 Thai, 5 Vietnamese, 6 Indonesian, 7 Portuguese, 8 Spanish, 9 French, 10 German, 11 Italian, 12 Russian, 13 Nepali, 14 Tagalog, 15 Malay, 16 Myanmar, 17 Khmer	*You don't need to make an appointment for face-to-face consultation. *Telephone consultation services are also available. *In addition, specialized consultation services are offered as follows. (1) Legal consultation (Appointment only) (2) Psychological counseling (Appointment only) (3) Consultation on entry, residence and nationality *For more information, please visit <a href="http://www.fcif.or.jp/">http://www.fcif.or.jp/</a>
	Free Counseling for Non-Japanese Speaking Residents	5-5 Shintateiwa, Izuka City, Fukuoka Pref. TEL: 0948-22-5500(Ext.1447)	3rd Tuesdays 13:00 to 16:00	Consultation services are provided basically in Japanese.	*You don't need to make an appointment. *For more information, please visit <a href="http://www.gyosei-fukuoka.or.jp/consult/foreign.html">http://www.gyosei-fukuoka.or.jp/consult/foreign.html</a>

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Prefecture	Contact point	Address	Opening hours	Available languages	Remarks
Fukuoka	Multicultural symbiosis One Stop Information Center for foreigners [Kurosaki]	3rd floor, COM CITY, 3-15-3 Kurosaki, Yahatanishi-ku, Kitakyushu City, Fukuoka Pref. TEL: 080-6445-2606	Mondays to Fridays (except for national holidays and the year-end through New Year holidays) 9:30 to 16:00	Consultation to be provided by consultants who can speak foreign languages. *Japanese *English *Chinese *Korean *Vietnamese (Tuesdays and Wednesdays) ※Consultation services may be provided over the phone depending on the day of the week.  Video interpretation system: Japanese, English, Chinese, Korean, Vietnamese, Filipino, Nepali, Thai, Russian, Hindi, Portuguese, Spanish, French, Indonesian	*We also provide once a month consultation services on laws, residence and psychology. For more information, please visit <a href="http://www.kitaq-koryu.jp/">http://www.kitaq-koryu.jp/</a> (Services in Japanese, English, Chinese, Korean and plain Japanese pages are available.) *You don't need to make an appointment for face-to-face consultation. *Email consultation services are also available.
	Multicultural symbiosis One Stop Information Center for foreigners [Ogura]	2nd floor, Kokurakia City Hall, 1-1 Ohte-machi, Kokurakita-ku, Kokurakia City, Fukuoka Pref. TEL: 080-5278-8404	Mondays to Fridays: (except for national holidays and the year-end through New Year holidays) 9:30 to 16:00	Consultation to be provided by consultants who can speak foreign languages. *Japanese *English *Chinese *Korean *Vietnamese (Tuesdays and Wednesdays) *Consultation services may be provided over the phone depending on the day of the week. *Video Interpretation system is scheduled to be introduced.	*For more information, please visit <a href="http://www.kitaq-koryu.jp/">http://www.kitaq-koryu.jp/</a> (Services in Japanese, English, Chinese, Korean and easy Japanese pages are available.) *You don't need to make an appointment for face-to-face consultation. *Email consultation services are also available.

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Nagasaki	Nagasaki Prefecture Consultation Center for Foreign People	1st Floor, Dejima Koryu Kaikan (2-11 Dejima-machi, Nagasaki City) TEL.095-820-3377	Mondays to Saturdays 9:00 to 17:00 (closed on public holidays & from Dec 29th to Jan 3rd).	*English(every day) *Vietnamese(every day) ※Other languages are supported using translators and multilingual call centers.	For more information, please refer to <a href="http://www.nia.or.jp/">http://www.nia.or.jp/</a> •Telephone reservation is unnecessary for consultation at the Center. •You can consult on the phone.
	Support Desk for Foreigners, Shinkamigoto-cho	1585-1 Aokatago, Shinkamigoto-cho, Minamimatsuura-gun, Nagasaki Pref. TEL: 0959-53-1113	Mondays to Fridays: 8:30 to 17:15	*English, Korean (Every day) *Services in other languages can also be supported by interpretation apps.	*No telephone consultation services are offered because interpretation apps are used.
	Wakamatsu Branch Office, Support Desk for Foreigners, Shinkamigoto-cho	277-7 Wakamatsugo, Shinkamigoto-cho, Minamimatsuura-gun, Nagasaki Pref. TEL: 0959-46-3111	Mondays to Fridays: 8:30 to 17:15	*English, Korean (Every day) *Services in other languages can also be supported by interpretation apps.	
	Shinuonome Branch Office, Support Desk for Foreigners, Shinkamigoto-cho	491 Enokizugo, Shinkamigoto-cho, Minamimatsuura-gun, Nagasaki Pref. TEL: 0959-54-1111	Mondays to Fridays: 8:30 to 17:15	*English, Korean (Every day) *Services in other languages can also be supported by interpretation apps.	
	Arikawa Branch Office, Support Desk for Foreigners, Shinkamigoto-cho	733-1 Arikawago, Shinkamigoto-cho, Minamimatsuura-gun, Nagasaki Pref. TEL: 0959-42-1111	Mondays to Fridays: 8:30 to 17:15	*English, Korean (Every day) *Services in other languages can also be supported by interpretation apps.	
	Narao Branch Office, Support Desk for Foreigners, Shinkamigoto-cho	379 Naraogo, Shinkamigoto-cho, Minamimatsuura-gun, Nagasaki Pref. TEL: 0959-44-1111	Mondays to Fridays: 8:30 to 17:15	*English, Korean (Every day) *Services in other languages can also be supported by interpretation apps.	

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Kumamoto	Kumamoto Support Center for Foreign Residents	Prefectural Office Main Building 7th floor (inside the International Affairs Section), 6-18-1 Suizenji, Chuo Ward, Kumamoto City, Kumamoto Pref.	Monday to Friday 8:30 -17:15 (excluding holidays and between 12/29 and 1/3)	Japanese, English, Chinese, Korean, Vietnamese, Nepali, Indonesian, Tagalog, Thai, Portuguese, Spanish ※We may provide help via a telephone translator.	*For more information, visit <a href="http://www.kuma-koku.jp/support-center/">http://www.kuma-koku.jp/support-center/</a>  *We recommend making a reservation in advance so that we may help you in a timely manner.
	The Kumamoto Consultation and Support Plaza for Foreign Residents	Kumamoto City International Center 2nd Floor 4-18 HANABATA-CHO, CHUO-KU, KUMAMOTO-SHI Phone: 096-359-4995	Hours: 10 AM to 6 PM Closed Days: 2nd and 4th Mondays (unless it is a national holiday, in which case the Plaza will be closed on the following work day instead), New Years Eve and New Years Day	<ul style="list-style-type: none"> <li>• Japanese, English, Chinese (Everyday)</li> <li>• Korean (Thursdays)</li> <li>• German (Wednesdays)</li> <li>• Vietnamese (3rd Wednesday and 3rd Sunday of the month)</li> <li>• Tagalog (2nd Wednesday)</li> <li>• Spanish (1st Friday)</li> <li>※ Indonesian or Thai consultations are arranged as needed or by request</li> <li>&lt;Phone and Television Interpretation&gt;</li> <li>• Nepalese, Portuguese, Burmese, Khmer, etc.</li> <li>※ Languages that are not listed above may be able to be arranged upon request</li> </ul>	<ul style="list-style-type: none"> <li>• For further information, please reference <a href="http://www.kumamoto-if.or.jp/plaza/">http://www.kumamoto-if.or.jp/plaza/</a></li> <li>• We can also arrange additional consultations by phone or email</li> <li>• We also offer consultations with experts in the field of law, immigration, and more</li> </ul>
	Kikuchi City Hall	888 Waifu, Kikuchi City, Kumamoto Pref.	Mondays to Fridays: 8:30 to 17:15	<ul style="list-style-type: none"> <li>*English (unfixed schedule)</li> <li>*Korean (unfixed schedule)</li> </ul>	

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Oita	Oita Information & Support Center	B1F, iichiko Culture Center 2-33 Oita City, Oita pref. TEL097-529-7119	Every Mondays to Saturdays 10:00 to 17:00(Some days may be closed.)	(Consultations provided in) English, Chinese, Korean, Vietnamese, Nepalese, Indonesian, Thai	For more information, please refer to <a href="http://www.oitaplaza.jp">http://www.oitaplaza.jp</a> •Telephone reservation is unnecessary for consultation at the Center. •You can consult on the phone. •You can consult by email.

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Miyazaki	(Public Interest Incorporated Foundation) Miyazaki International Foundation	9th floor, Carino Miyazaki, 4-8-1 Tachibana-dori Higashi, Miyazaki City, Miyazaki Pref. TEL: 0985-32-8457	Tuesdays to Saturdays: 10:00 to 19:00	(Services provided by staffs of the Foundation) Japanese, English  (Services provided by life counselors: Need an appointment) English, Chinese, Korean, Portuguese and Tagalog *Services in Vietnamese will be available in 2019.	*For more information, please visit <a href="http://www.mif.or.jp">http://www.mif.or.jp</a> *Telephone and email consultation services are also available. *You need to make an appointment by phone in English or Japanese for consultation services by a life counselor.
	Miyazaki Support Center for Foreign Residents	B1F Carino Miyazaki, 4- 8-1, Tachibanadori Higashi, Miyazaki City, Miyazaki Pref. TEL: 0985-41-5901	Tuesday to Saturday: 10:00 to 19:00	<b>In person:</b> English <b>Machine Translation available in:</b> English, Chinese, Korean, Thai, Vietnamese, Indonesian, Portuguese, Spanish, French <b>Phone-based interpreting service:</b> In addition to the above, Malay, Tagalog, Nepali, Russian, German, Italian, Burmese, Mongolian, Khmer	

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Kagoshima	Consultation Desk for Foreign Residents	1st floor, Kagoshima Prefectural Citizens Exchange Center(Inside the International Exchange Plaza), 14-50 Yamashita-cho, Kagoshima City, Kagoshima TEL: 070-7662-4541	Tuesdays to Sundays: 9:00 to 17:00 ※Closed on Mondays(If a Monday fall on a national holiday,the following Tuesday)and December 29 through January 3	*English,Vietnamese,Chinese,Tagalog ,Korean,Indonesian,Nepalese,Khmer,Thai,Myanmar,Portuguese,Spanish,Malay,French,Russian,German,Italian,Mongolian,Japanese	*For more information, please visit <a href="https://www.pref.kagoshima.jp/af21/soudan.html">https://www.pref.kagoshima.jp/af21/soudan.html</a> *Face-to-face and telephone consultation services are available.